



# Kentucky Association of Family and Consumer Sciences

NEWSLETTER

Winter Issue 2008



## President's Message Sharon Collins KAFCS President

Happy New Year to all KAFCS members! I hope everyone had a safe and enjoyable holiday season.

As all of you know, Dr. Sarah Henry has resigned as our KAFCS Executive Secretary. We will miss her very much. She has been a major influence to me since I joined KAFCS as a student. Her knowledge and expertise of the organization are immeasurable. She promises to come to as many functions as possible. I hope you will join me in expressing how appreciative we are of her years of service.

The countdown continues for our KAFCS Annual Meeting — “City Gone Country”. The meeting will be held at the Executive West in Louisville on March 13<sup>th</sup> and 14<sup>th</sup>. There are some exciting sessions and events scheduled for our meeting. I will tell you to pack your denim and dazzle. Meeting details and a registration form are enclosed.

We have many members who are deserving of the awards presented at the annual meeting. Please take some time to nominate members for the awards. Award and scholarship applications may be downloaded from [kafcs.com](http://kafcs.com). The deadline for all applications is Feb. 1.

We also need members to turn in Research, Scholarly and Creative Proposals. I want to encourage participation in this part of the program. Those may be sent to Susan Kipp, our president-elect. The deadline for this is also Feb. 1.

Many thanks to all who have been working so hard to make this annual meeting a success — keep up the good work.

Our organization is about to celebrate a milestone. The 2008 AAFCS annual meeting will be in Milwaukee, June 19–22. This marks the beginning of our Centennial Celebration. In 2009, AAFCS will celebrate 100 years. The national meeting will be held in Knoxville, Tennessee. I want to encourage members to mark the Centennial on their calendars so that we can join in the celebration. We are so privileged to celebrate our 100<sup>th</sup> anniversary. Read more about the Centennial Celebration on [www.aafcs.org](http://www.aafcs.org). It is great to be a part of such a wonderful organization!

I hope to see all of you at the KAFCS Annual Meeting in Louisville.

## CITY GONE COUNTRY ... Co-Dependents for Food, Fuel and Medical Care

KAFCS ANNUAL MEETING  
March 13–14, 2008  
Executive West, Louisville

The City Mouse and the Country Mouse really cannot do without each other! Kentucky families and consumers are facing fundamental, values based issues that we as FCS professionals must be aware of and involved in. At this annual meeting, you will have the opportunity to hear from some leaders in our state which will challenge your thinking, provide you with resources and expand your network.

On Thursday, we begin with a guided tour of a hot retail marketing concept, Whole Foods, across Shelbyville Rd. from the Malls. There is room for 30 (gift bags, too), so register early! You may choose to meet us there at 10 a.m. or carpool from Executive West at 9:30 a.m. There will be some time for shopping before we go back to the hotel.

Our kick-off lunch speaker is Melissa Howell, the exciting and interesting executive director of Kentucky Clean Fuels Coalition. She is the recognized expert on the clean fuels market, writing policy, grants, and curriculum. Western members may know her as a former news anchor for TV 43.

Susan Zepeda, executive director of the Foundation for a Healthy Kentucky will speak at our afternoon session. She will introduce us to the follow-up current session on the Commonwealth/Common Health Project that several Extension Agents became involved in. Serving as CEO of several health care organizations and as a member of influencing boards, she brings much expertise.

After a break, we will have our General Business Meeting at 4 p.m., followed by District and Student section meetings. Our silent auction for scholarships will be on Thursday this year, so enhance the tradition and the fund by bringing items and bidding vigorously.

Pack your denim. Yes, jeans are acceptable! A “Denim and Dazzle” banquet at 6 p.m. will bring us together again for some awards recognitions and real Kentucky musical entertainment from our state instrument. The Louisville Dulcimer Society will perform a medley of dulcimer music!

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Roger Thomas, Governor's Office of Agricultural Policy, will speak Friday morning.



# KENTUCKY ASSOCIATION OF FAMILY AND CONSUMER SCIENCES ANNUAL MEETING PROGRAM

Executive West • Louisville, KY

March 13–14, 2008

CITY GONE COUNTRY ...

Co-Dependents for Food, Fuel and Medical Care



## Wednesday, March 12

6:30-10:30 p.m. ET

KAFCS Board Meeting and Dinner

## Thursday, March 13

8 a.m.-Noon ET

Registration

9:30 a.m.

“Whole Foods Market” Tour

Meet in hotel lobby for transportation or for carpooling.

Wear comfortable clothes/shoes.

### **Whole Foods Market**

Tour Cost: no charge

*Whole Foods Market is a dynamic leader in the quality food business. It is a mission-driven company that aims to set the standards of excellence for food retailers. The motto — Whole Foods, Whole People, Whole Planet — emphasizes that its vision reaches far beyond just being a food retailer. Their success in fulfilling their vision is measured by customer satisfaction, Team Member excellence and happiness, return on capital investment, improvement in the state of the environment, and local and larger community support.*

12:30-2:30 p.m.

### KAFCS Opening Luncheon

Presiding: Sharon Collins

Welcomes:

Vice-President, Professional

Development: Becky Nash

Western District President: Sarah Raikes

Keynote Address:

Kentucky Clean Fuels Coalition

Speaker: Melissa Howell, Executive Director

2:30-2:40 p.m.

Stretch Break

2:40-3:40 p.m.

Commonwealth/Common Health Project

Speaker: Susan Zepeda, Executive Director, Foundation for a Healthy Kentucky

3:40-4 p.m.

Snack Break

4-4:40 p.m.

Student Unit program

4-4:40 p.m.

KAFCS Business Meeting  
Presiding: Sharon Collins  
KAFCS President

4:40-5:10 p.m.

District Meetings and Student Unit Meeting

6 p.m.

Denim and Dazzle Banquet

Presiding: Sharon Collins  
Entertainment: Louisville Dulcimer Society

KAFCS Awards

Dr. Sandra Miller, Awards Chair  
Sally Mineer, Scholarship Chair

Silent Auction

## Friday, March 14

8-9 a.m.

Registration

Continental Breakfast

8 a.m.-Noon

Sharing Professional Excellence Showcase and Expo (Commercial exhibits, poster presentation, silent auction)

9-9:45 a.m.

What’s Farming Got To Do With Me?

Speaker: Roger Thomas, CEO, Governor’s Office of Agricultural Policy

9:45-10:15 a.m.

Break/Check Out of Hotel

10:15 a.m. and 11:15 p.m.

Concurrent Sessions (sessions will each be offered twice):

Commonwealth/Common Health Panel Presentation

Current Research in Dairy Nutrition

Speaker: Kathy Belcher

Getting the Most From Your Beef and How to Cook with Beef on a Budget

Speaker: Alison Smith

12:15-1:45 p.m.

### Closing Luncheon

Presiding: Sharon Collins

Greetings: Deena Cotterill, Chair, KAFCS Student Unit

Introduction of Guests, Past Presidents, 25+ Members

What Community Means To Me

Speaker: Dr. Steve Isaacs, Assistant Director for Community and Economic Development, U.K.

Development Fund Contribution:  
Susan Kipp

Outgoing President’s Address:  
Sharon Collins

Recognition of Dr. Sarah Henry, Retired KAFCS Executive Secretary

Installation of Officers

Incoming President’s Address:  
Susan Kipp

Announcements

Evaluation and Adjournment

**Kentucky Association of Family and Consumer Sciences**  
**664 Cindy Blair Way**  
**Lexington, KY 40503**

*KAFCS NEWSLETTER* is published twice a year as a service to members. Send news, photographs, and comments to:

Celeste D. Moore, Newsletter Editor  
itsmeceleste@hotmail.com  
OR

Ginny Ellington  
664 Cindy Blair Way  
Lexington, KY 40503  
ginny.ellington@uky.edu

www.kafcs.com • www.aafcs.org

**Annual Meeting Registration Form Enclosed.**  
**DEADLINE: February 29**



### **100 Years — Let's Celebrate!**

At this summer's annual meeting in Milwaukee, AAFCS will begin one year of celebration for its 100<sup>th</sup> birthday. A year of activities and events are planned with many ways you can get involved to commemorate this significant accomplishment. A "Kick-off Gala" is being planned for the 2008 meeting. Each state will have an opportunity to share some of its history on the "affiliates wall." States will be selling their commemorative items — all unique and sure to inspire your shopping gene. Jenny Schroeder of Ohio has compiled a list of the locations and themes of each annual meeting and a list of all Executive Directors. The Second Century of Helping project will allow each affiliate to become engaged in community projects and promote the Association as an organization that has been contributing to community well-being for 100 years and is now beginning the second century of helping. The Centennial Scholars program will create an endowment to support research in Family & Consumer Sciences. And, of course, there are the celebrations: Kick Off — 2008 Annual Meeting, Milwaukee, WI, and the Gala Celebration — 2009 Annual Meeting, Knoxville, TN. You don't want to miss out on any of these activities as we celebrate 100 years of the American Association of Family & Consumer Sciences.

--Martha Nall, Centennial Committee Member