



Kentucky Association of Family and Consumer Sciences

NEWSLETTER

Winter Issue 2009



President's Message Susan Kipp KAFCS President

Greetings to KAFCS Members!
The biggest news right now is we have a new Executive Secretary!!
Please welcome Marianne Lorensen

to this position and read more about her in the opposite column. Thank you to Sarah Henry for all of her years of service to KAFCS and we wish her well.

The AAFCS Annual Conference in Milwaukee, WI was outstanding. President-elect Brooke Jenkins and I represented our affiliate. Several of our members were in attendance. The conference theme was "Evolving Technology: Impact on Individuals, Families, and Communities." The program was quite varied including everything from "The Truth about Media's Effects on Children" to the "Basic Principles of Nano Technology" as applied to textiles and food and nutrition. Mary Ludwig and I were able to participate in a pre-conference educational tour. The Wisconsin affiliate did a tremendous job in planning all of the tours and I would recommend you seriously consider attending one at a future conference.

Congratulations to two of our members on national awards they received in Milwaukee. Mary Ludwig received the AAFCS National Teacher of the Year Award for her program titled "The Fabric of Life." Marianne Lorensen technically was a member of the Illinois affiliate when receiving the National New Achiever Award, but we can still recognize her! Thanks to Brooke Jenkins and all KAFCS members in attendance that helped with product sales for the Betty Lamp Shoppe. A thank you also goes to Ginny Ellington for creating Kentucky's "Wall of History" display for the conference. It showcased activities and leaders of our affiliate over the years. Check out the displays on www.aafcs.org/res/centennial/AffiliateWalloffHistory.pdf. It was with pride that I represented KAFCS at the "Stars Reception" for our state's donation to the Development Fund. Thanks to all of you for your contributions.

(continued on page 6)

Meet Your New Executive Secretary

The KAFCS Executive Board is pleased to announce the selection of Marianne Lorensen as Executive Secretary of the association. Marianne is a Minnesota native who grew up in Texas and Ohio. However, in a lot of ways, she considers Kentucky her home. Many of you may remember Marianne from her undergraduate work in Family and Consumer Sciences Education at the University of Kentucky.



Upon graduating from UK, Marianne worked in New Student Programs and Residence Life at UK for a year. She then received her M.Ed. from Penn State University in Youth and Family Education and most recently has completed her Ed.M. in Educational Organization and Leadership from the University of Illinois at Urbana-Champaign.

Marianne is starting a new position at the University of Kentucky in the Office of Residence Life. Her work will include overseeing the living and learning communities in campus residence halls and developing partnerships between academic and student affairs units on campus. She states that she is "really excited to be back" in Kentucky!

As an undergraduate at the University of Kentucky, Marianne was elected as chair of the Student Unit of AAFCS and served on the Board of Directors. In this position she coordinated all aspects of the student unit, served on the annual meeting committee, revised by-laws and training tools, and assessed and responded to concerns facing the general membership. The following year, Marianne served as a consultant to the student unit where she worked with the student/professional mentor program, developed resources for student chapters, and provided leadership training for students. She brings a wealth of experience and enthusiasm to our affiliate.

At the 2008 AAFCS convention in Milwaukee, Marianne received the AAFCS New Achiever Award in recognition for her work with the association and the profession. Please join the executive board in welcoming Marianne Lorensen back to Kentucky!

2008 Annual Meeting of the Kentucky Association of Family and Consumer Sciences

**“IT IS ALL ABOUT RELATIONSHIPS”
Celebrating a Century of an Evolving Profession
March 3-4, 2009 • Crowne Plaza, Lexington**

Ellen H. Richards as portrayed by Joyce Miles will be our special Centennial Gala guest speaker, taking us back to our professional roots. This banquet on Tuesday evening will be very dressy to semi-formal with special keepsake favors. You can start that day by volunteering on behalf of KAFCS to sort food for 50 counties at God's Pantry or by sewing polar fleece hats for the homeless at Calvary Baptist Church. A special invited guest cannot be announced yet. Another special guest speaker is “our own” Jane Winkler Dyche, immediate Past President of the Kentucky Bar Association, with vast professional as well as personal experience with the issues of aging relatives. On Wednesday, ECU's award-winning Director of Career Services, Laura Melius, will help us discover our networking style and ways to enhance career opportunities and professional growth. Concurrent sessions include Dr. Kenneth Jones on today's youth culture and creating ways to form stronger bonds with young people, and Dr. Ronald Werner-Wilson on couple communication as well as research presentations to be announced. Dr. Sandra Bastin, UK Specialist, will put it all in perspective at the closing luncheon with “Chopsticks and other Hilarity.” Of course, we are recruiting exhibits and sponsors, so if you have a suggestion, please let Becky Nash or Grace Angotti know about them.

Please make your hotel reservations today by calling 859-255-4281. Room rates of \$99 are guaranteed until January 31. The reservation form for the meeting is enclosed, with the same registration cost as the last two years—only \$130 for members.

Annual Meeting Program At-A-Glance

Monday, March 2

Board Meeting and Dinner

Tuesday, March 3

8 a.m.-Noon – Registration

9 a.m. – Service Projects. Meet in lobby to carpool and wear comfortable clothing. Supply list sent to pre-registrants.

12:30-2:30 p.m. – Opening Luncheon with special invited guest

2:45 p.m. – General Session, Jane Dyche, Immediate Past President of Kentucky Bar Association, “Issues Facing Families with Aging Relatives”

Break

3:30 p.m. – Business Meeting

4:30 p.m. – District Meetings

6 p.m. – Centennial Celebration Banquet with Joyce Miles as Ellen H. Richards. We will be the first affiliate to see her new garment from a 1910 pattern. Wear period, dressy or semi-formal attire if you like.

Wednesday, March 4

8-9 a.m. – Registration and continental breakfast

9 a.m. – General Session, Laura Melius, Director of Career Services

10:15 a.m. – Concurrent Sessions

Dr. Kenneth Jones, “Bonding with Today's Youth”

Dr. Ronald Werner-Wilson, “Couple Communication”

Research Sessions TBA

11:15 a.m. – Concurrent Sessions repeated

In-service credit for Extension Agents

12:15 p.m. – Closing Luncheon featuring Dr. Sandra Bastin, “Chopsticks and other Hilarity”



Chopsticks and other Hilarity!

Dr. Sandra Bastin has been committed to the nutritional status of children and adults since becoming a Registered Dietitian and Certified Executive Chef.

She has taught youth, chefs,

restaurant management and dietetic students and foodservice workers in food safety and nutritional food preparation. She has owned her own catering business and restaurant, promoting the use of locally grown foods. Dr. Bastin is also involved in her community as a volunteer for many area and church-related projects.

Dr. Bastin has received over \$1.2 million in competitive grant funding and written over 110 peer-reviewed publications for nutrition education programming and the promotion of sustainable agriculture. She is nationally recognized for her work with the development of Homebased Microprocessor which allows farmers to add value to their produce and sell baked or canned goods processed in their own kitchen at farmers markets.

Dr. Bastin has three children ages 14, 16 and 51.





Provide Hope for the Homeless

Help KAFCS reach our goal by donating one hour of your time

Concern

As economic times become difficult for Americans, the request for emergency food assistance has increased 23% and need for emergency shelter has increased 13% during 2008. Kentucky has seen a 14% increase in homelessness during the past year.

Goal

KAFCS members will volunteer 25 hours to help the increasing need for emergency assistance in Lexington on March 3rd.

Plan

- A. God's Pantry Food Bank is part of America's Second Harvest serving 50 Kentucky counties in eastern and central Kentucky. Many of the food pantries affiliated with God's Pantry have converted to choice distribution where clients are allowed to select which items they would prefer from each of the food groups. Studies show that less food goes unused if people have a choice.

As non-perishable items are received at God's Pantry, the food needs to be sorted by food group before being sent to the local distribution sites. Volunteers will sort food and pack into boxes. Volunteers must be able to stand on cement floors. There will be bending and stretching involved.

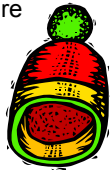
- B. Calvary Baptist Church ministers to the homeless of Lexington. As winter began, over 80 fleece caps were distributed in the first week. Volunteers are needed to cut fleece while others sew the caps together. All sewing equipment and supplies will be provided.

Action

KAFCS volunteers are to meet in the lobby of the Crowne Plaza Hotel in Lexington at 9:30 a.m. on March 3rd. Volunteers will be transported to God's Pantry or Calvary Baptist Church. The plan is to arrive back to the hotel by 11:45 a.m. giving everyone ample time to prepare for the opening luncheon at 12:30 p.m.

Ideas that keep on giving!

Does your FCCLA club or organization need a new community service project?



KAFCS members are welcome to take copies of the hat pattern home for a local community project.

Calvary Baptist Church is one of several central Kentucky churches participating in *Room in the Inn* (provides shelter, food, and personal comforts to homeless men one night a week during winter months). The churches are always in need of personal grooming items (toothbrush, toothpaste, shampoo, soap, and deodorant), towels, washcloths, and bedding. People go hungry all year long. Conduct a local food drive or Plant a Row for the Hungry. God's Pantry will provide information for your local community project.

Hostesses: Carol Davis, Calvary Baptist Church, 150 East High Street, Lexington KY 40507 and Mandy Brajuha, God's Pantry Food Bank, 1685 Jaggie Fox Way, Lexington, KY 40511



Candidate for Vice President of Professional Development

Amelia C. Brown received a Bachelor's degree in Family and Consumer Sciences in the College of Agriculture and School of Human Environmental Sciences, and a Master's degree in Community and Leadership

Development. Following graduation in December of 2003, Amelia was employed by UK Cooperative Extension. Currently, Amelia is pursuing her doctorate in Educational Leadership Studies from UK. Amelia has been honored as the "Future 100" leaders in the field of Family and Consumer Sciences by the School of Human Environmental Sciences. In addition, she serves as the Eastern Region president of the KAFCS. Amelia was awarded the 2007 KAFCS New Achiever Award. Amelia has also graduated from the Kentucky Public Health Leadership Institute and is currently involved as a mentor for the Turner Leadership Academy. Due to her passion for working with youth, Amelia has been awarded honorary membership in the Family, Career and Community Leaders of America organization. While at UK, Amelia was crowned UK Homecoming Queen and was also awarded the Sullivan Medallion at the 2004 Commencement Ceremony. In addition, Amelia serves as an Alumni officer for Delta Gamma and the UK Young Alumni Vice-President. Amelia also serves as an advocate for Organ and Tissue Donation.

Candidate for Secretary

Betsy Ann Tracy graduated from Western Kentucky University with a degree in Family & Consumer Sciences Education and has been the Warren County Extension Agent for Family & Consumer Sciences since June of 2005. She currently serves as the Secretary/Treasurer of the KAFCS Western District.

KAFCS is seeking a candidate for President-Elect. If you are interested in this leadership opportunity, please contact Immediate Past President Sharon Collins at 270-781-8565 or sharon.collins@warren.kyschools.us.

HUGS — Always in Style

The Helping Undergraduate/Graduate Students (HUGS) program has been around for several years.

The student member dues of \$60 have not changed but AAFCS now asks for verification of student status. We have added this to the HUGS application form. The first year active member category is a total of \$100.

In addition to helping a student or a first year active member, you are given the benefit of connecting with our next generation of professionals. Today with the efficiency of e-mail, you can be a mentor and develop lasting friendships.

A HUGS application for students and sponsors appears on kafcs.com.

Thanks to all who have taken part in the HUGS program in the past. Stay in style: promote student membership by participating in the HUGS program.



Luci Hockersmith, Rita Spence, Sharon Collins, Debra Cotterill, Dr. Hazel Forsythe

KAFCS Award Winners

KAFCS honored some of its members and friends at the 2008 annual meeting in Lexington in recognition of outstanding work in their respective fields.

New Achiever Award

Luci Hockersmith is the family and consumer sciences extension agent in Mercer County. In this position she has initiated numerous projects focused on health, diversity, intergenerational relations, and leadership development. She is known for her innovative programs and has coordinated and led numerous educational efforts such as childcare clinics, food safety, Get Moving Kentucky, and Martin Luther King Jr. Day activities. Notably, the Martin Luther King Jr. Day program reaches over 250 participants and includes a march, speakers, and essay competition for youth.

She serves on the Family Resource and Youth Services Center Advisory Council in her community.

Wiley-Berger Award

Both during and following her 45-year career in the Cooperative Extension Service, **Lillian Hixson Rice** has contributed to the communities in which she has worked and lived. During her tenure as Home Economics Extension Agent in Bracken and Mason Counties she promoted and organized programs to benefit individuals, families and community.

In recognition of her community involvement, Lillian received a Public Service Award from the Mason County Area Chamber of Commerce, the Kentucky Volunteer Administration Award of Human Resources, and the Governor's Award for Outstanding Service.

Outstanding Student

Since coming to the University of Kentucky **Mary Elizabeth Creed** has been an outstanding member of its KAFCS Student Chapter. An enthusiastic and active member, she has participated wholeheartedly in chapter community service projects and fund-raising events. For two years she has served as chapter

representative to the College of Agriculture Student Council; in this role she has been responsible in reporting back to the chapter and encouraging members to get involved in college activities, the latter helping raise the organization's visibility to others. Further evidence of her interest in KAFCS/AAFCS is her attendance at district, state, and national meetings.

Outstanding Professional in Family and Consumer Sciences Award

Rita Spence is known for making a difference in our profession. A great motivator and mentor, she encourages and supports others in their work and professional development efforts. Her tremendous commitment to KAFCS includes holding office at district and state levels, including serving as State President. She has also been President of the Kentucky Extension Association of Family and Consumer Sciences.

Whether in her Greenup County, with State Legislators in Frankfort or at a National FCS professional meeting, Extension Agent Rita Spence accepts and carries out leadership roles with great passion, dedication, and vision. Her dedication to the best interest of individuals and families is realized in socially relevant programs and activities that address such timely topics as healthy lifestyles, early detection and prevention, leadership development, and economic security.

Leader Award

Dr. Hazel Forsythe, a faculty member at the University of Kentucky, is known for her teaching, research, contributions to professional organizations, and community service.

Her research interests center around maternal and child nutrition with special emphasis on children with developmental disorders including autism. Her current international effort is a collaborative team project with the Caribbean Home Economics Association. Dr. Forsythe's additional international efforts include working with 17 English-speaking countries to develop maternal and child nutrition goals, design intervention activities to meet them, and conduct research to evaluate the intervention outcomes.

Teacher of the Year

Sharon Collins' career started at Henry Moss Middle School in Bowling Green, where she had the largest Kentucky Family, Career And Community Leaders of America (then Future Homemakers of America) chapter. Her students consistently won gold medals and first place in the Family, Career and Community Leaders of America competitive events, also known as Students Taking Action for Recognition. For three years she left teaching to be the FCS agent in Hart County, a position she left in 2000 to return to middle school teaching, this time at Warren East Middle School.

Sharon is a dedicated, innovative, effective teacher who addresses her students' needs through making real-life connections in her lessons. She has implemented such socially relevant programs as Thoughtful Education, Character Education, Bully Prevention, Promoting Healthy Life Skills through Nutrition, and Job Shadowing.

Karen Davis-Parker Outstanding Extension Agent for Family and Consumer Sciences Award

Debra Cotterill, Mason County Extension Agent, has been Eastern District President, developed the Betty Lamp wall hanging and patterns, and currently chairs the Betty Lamp Shoppe. A lengthy list of involvement in the Kentucky Extension Association of Family and Consumer Sciences includes Licking River Area President, State Treasurer, and recipient of five awards.

Debra built on the state curriculum "Super Star Chef" hands-on cooking school program for adults and youth for her prize-winning project. The "Super Star Chef" program provides knowledge about better food choices and skills leading to successful food preparation. Debra expanded the program for gifted and talented students and reinforced math and science concepts through making baked Alaska, preparing local historically significant dishes, and preserving foods. The program was done in cooperation with the Maysville Community and Technical College, Summer Enrichment Academy, and the Maysville Housing Authority.



Mary Ludwig finds creative and innovative ways to spark students' interest in sewing and teach them basic concepts.

Ludwig Received AAFCS National Teacher Award at June Conference in Milwaukee

Mary W. Ludwig, of Westport Teenage Parent Program (TAPP) School in Louisville, Kentucky, received the prestigious AAFCS 2008 National Teacher of the Year (T.O.Y.) award at the AAFCS 99th Annual Conference & Expo in Milwaukee, Wisconsin, on June 19.

The AAFCS National T.O.Y. award recognizes outstanding educational programs, methods, techniques, and activities that give visibility to family and consumer sciences elementary and secondary education and support "No Child Left Behind" (NCLB). Each participating AAFCS affiliate selects its Teacher of the Year and the winning affiliate entries are submitted to AAFCS for the national competition.

Said Ludwig, a 30-year member of AAFCS, "Winning this prestigious national award is an incredible experience, but to win this award teaching a subject matter that I dearly love and am very passionate about is both totally awesome and very humbling at the same time!"

In 2000, Ludwig implemented her award-winning fashion program for pregnant and parenting teens, "The Fabric of Life," to help them improve their self-confidence and emotional stability, gain experience and knowledge about starting an entrepreneurial business, learn the skills necessary to obtain entry level positions in the field of computerized embroidery, and participate in FCCLA chapter activities and competitions. Her students have won first place in Kentucky's FCCLA Sew Trendy Competition for the last two years and received new sewing machines. Through her classes, students also develop communication, science, math, and leadership skills as part of their daily activities.

In both her Fashion 1 and 2 classes, Ludwig finds creative and innovative ways to spark the students' interest in sewing and teach them basic concepts. The majority of Fashion 1 students have not had any previous sewing experience. Before they can use the sewing machine to create their first projects, they must earn their "Sewing Machine Operator's License" by demonstrating the basic sewing machine procedures, including safety processes. In her Fashion 2 class, Ludwig uses "Sewing Pals," two or three students with different skill levels and learning styles who are grouped together, to build a sense of community and allow students to learn from and help each other.

Ludwig has taken students on field trips to inspire their creativity and learn about careers in the field. She received a grant to take the students to see "The Lion King," where they met actors and stage hands who showed them the magic of combining fabric, props, masks, puppets and various mechanical devices to allow the animals to come to life. Then they created their own "Circle of Life" project (textile item, mask, etc.) and wrote journal entries while listening to the soundtrack from the play. Advanced students are also interested in creating items to help the community. For the last three years, they have made quilts, blankets, books, bibs, and stuffed animal for individuals at the Center for Women and Families, a local shelter for victims of domestic violence.



Dr. Sarah T. Henry was recognized at the 2008 Annual Meeting for her service to the association as executive secretary.

To view more pictures from the Annual Meeting, visit www.KAFCS.com.



President's Message - continued from page 1

The mission of most FCS programs in which we work includes a statement about "improving the lives of individuals, families, and communities." In addition to our work, we often participate in volunteer service that has the same desired outcome. In this centennial year of our organization, AAFCS has launched the "**Second Century of Helping Project.**" They want to track the number of volunteer hours contributed by AAFCS members as FCS professionals in order to demonstrate the tremendous impact we have on individuals, families, and communities. Logged hours must meet the following criteria: 1) your FCS expertise must be used in some way, 2) you must identify yourself as an FCS professional while volunteering, 3) you must not receive compensation beyond reimbursement of your expenses, and 4) the hours must provide assistance to persons outside of your immediate family.

Examples of activities that could be included are serving on boards of community service organizations, providing labor for meal delivery programs, and providing training for 4-H programs. Activities can be logged by clicking on the state of Kentucky on the following web page: www.fcs.uga.edu/ext/aafcs/index.php. We are all involved in these types of activities. I encourage you to identify yourself as an FCS professional in these situations (wear your work name tag) and log your hours. Let's put Kentucky at the top of the list for FCS professional volunteer hours at the AAFCS Conference in Knoxville in 2009!

I hope your fall has gone well and I look forward to seeing you in Lexington on March 3-4.

**AAFCS Centennial Celebration!**

100 Years Strong—join the excitement of the AAFCS Centennial Celebration this year! In honor of this milestone, Kentucky will be celebrating in a very special way. Members are encouraged to nominate family and consumer sciences professionals to the, KAFCS Hall of Fame.

Who made a difference to you? To the profession? How did you get where you are today? These questions should bring to mind someone you can nominate to the KAFCS Hall of Fame. The KAFCS Hall of Fame is about professionals honoring other FCS professionals. You are welcome to nominate as many FCS professionals as you wish. Nominees may be from across the US, and is not limited to Kentucky professionals.

Nominators will complete a personal reflection for each nominee. Those nominated will be honored at the KAFCS Annual Meeting in March 2009. Copies of the memoirs will be available to those interested. Please note, your personal reflection will be shared with others.


To nominate someone, please use the suggested format for the personal reflection outlined: Please limit your nomination to 2 pages. Nominations should be typed (when possible), and of readable font size. List at the top of your personal reflection, the Nominees Name, Professional Position, and City of Residence (also list state if not Kentucky). When possible, please include a photo. Include any information in your personal reflection you wish—describe why you are nominating this person, their contribution to you personally and/or the profession, and any other pertinent details. This is a celebration of the people who made AAFCS what it is today.

Members are asked to make a **\$10 donation for each Hall of Fame honoree**, which will be given to the AAFCS Development Fund. Checks should be included with the nomination, payable to KAFCS, with AAFCS Development Fund in the memo. The Development Fund ensures that AAFCS will be here to guard the interests of families for the future.

We hope you will participate in this worthwhile project. Think about what a wonderful opportunity this is to pay tribute to those who made a difference in your life.

Send your Nominations by February 1, 2009 to:

Brooke Jenkins
PO Box 1263
Salyersville, KY 41465
Or e-mail to: bjenkins@uky.edu



CELEBRATING THE PAST
**Sustaining
THE FUTURE**

AAFCS 100th Annual Conference & Expo
June 25–28, 2009
Knoxville, TN

Hilton Knoxville
Knoxville Convention Center
Holiday Inn Select at the Convention Center

Visit www.aafcs.org for the latest
Conference and Centennial Celebration information.

Share Your Work With Colleagues

Call for Proposals 2009

Kentucky Association of Family & Consumer Sciences Annual Meeting
March 3–4, 2009
Crowne Plaza Hotel
Lexington, KY

You are invited to share your ideas and achievements with colleagues in a workshop or poster session. The 2009 meeting will provide an opportunity for sharing research and creative and innovative educational programs in a scholarly format.

Students and Professionals May Submit Proposals for:

1. Innovative and creative educational programs (oral presentations)
2. Research (oral presentation)
3. Poster sessions sharing research or creative programs

Presentation Format: Each oral presentation will be allowed 15 minutes plus 5 minutes for questions and answers. All presentations (oral and poster displays) will be on **Wednesday, March 4.**



Abstract Format: Submit a single-page abstract for blind review. Include the following headings:

- | | |
|------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Title Page | Presentation Title
Presenter(s) names(s) (Names will be removed from copies sent to jurors.), current position, institution/organization, mailing address, telephone numbers and e-mail address for each presenter. |
| Abstract | Indicate the Type of Presentation—one of the following: a) oral presentation, b) poster presentation, or c) willing to do oral or poster presentation |
- Body of Abstract
Innovative and Creative Educational Programming—Oral or Poster – Include a narrative description of the program, including the purpose/objectives, target audience, methodology, and outcomes.
- Research Presentations—Oral or Poster** – Include a narrative description of the objectives of the research, methodology, findings, and implications.

Proposals must be submitted by February 1, 2009.

Mail or E-mail Abstracts to:

Dr. Martha A. Nall
 712 Garrigus Building
 University of Kentucky
 Lexington, KY 40546
 Phone: 859-257-7193
 E-mail: mnall@uky.edu

All presenters who are KAFCS members or who are eligible for KAFCS membership must pay the appropriate registration fee. Speakers not eligible for KAFCS membership will be provided a one-day complimentary registration on the day of their presentation.

Kentucky Association of Family and Consumer Sciences**P.O. Box 632****Lexington, KY 40588**

KAFCS NEWSLETTER is published twice a year as a service to members. Send news, photographs, and comments to:

Celeste D. Moore, Newsletter Editor
itsmeceleste@hotmail.com

OR

Marianne Lorensen, Executive Secretary
melorensen@uky.edu
P.O. Box 632
Lexington, KY 40588
217-766-9745

www.kafcs.com • www.aafcs.org

**KAFCS Annual Meeting Registration Form Enclosed.
REGISTRATION DEADLINE: February 13**

Scholarships

The criteria for scholarships and the scholarship application are available on www.kafcs.com. If additional information is needed, please contact Marianne Lorensen at melorensen@uky.edu. The application deadline is February 1, 2009.

Awards

The deadline for Awards nominations is February 1, 2009. Please consider nominating a colleague for one of our prestigious awards. The awards flyer is inserted in this newsletter and the criteria and nomination form are also on the website. Awards Chair Ginny Ellington may be contacted at ginny.ellington@uky.edu.

Proposals

Members are encouraged to submit a proposal to share their research or other scholarly or creative work at the 2009 Annual Meeting. Information describing the procedure for submitting a proposal is on page 6 of this newsletter. This year's chair of research reporting is Dr. Martha Nall, mnull@uky.edu, 859-257-7193.

The KAFCS Membership Committee wants to hear from you!

Please share your responses to the questions below with Luci Hockersmith (luci.hockersmith@uky.edu), Vice President of Service, by January 31. If you know a colleague who would benefit from membership, please download a Centennial Membership Form from kafcs.com.

1. What benefits do you believe your membership in KAFCS/AAFCS has provided you with? Or Why do you value your KAFCS/AAFCS membership?
2. What new incentives would you like to see provided to you as a member of KAFCS/AAFCS?
3. Do you believe the Eastern and Western District meetings are beneficial? How so?

2009 Events Calendar

March 3-4, 2009	KAFCS Annual Meeting, Crowne Plaza Hotel, Lexington
March 23-25, 2009	FCCLA State Meeting, Galt House, Louisville
June 25-28, 2009	AAFCS 100th Annual Conference, Knoxville, TN

**KAFCS 87th Annual Meeting
Crowne Plaza Hotel
Lexington, Kentucky
March 3–4, 2009
Registration Form**

Completed registration form must be postmarked by February 13, 2009.

Make check payable to: KAFCS Annual Meeting
Mail check and registration form to: Kim Henken
 School of Human Environmental Sciences
 University of Kentucky
 102 Erikson Hall – 135 Graham Avenue
 Lexington, KY 40506-0050

Please use this form to register only one person. Form may be duplicated.

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____

Request vegetarian meals _____ Request reservation at Past President's Table for Friday luncheon _____

CIRCLE APPROPRIATE FEE BELOW

<u>CLASSIFICATION</u>	<u>REGISTRATION FEE</u>			<u>AMOUNT PAID</u>
	<u>Two Day</u>	<u>Tues. Only</u>	<u>Wed. Only</u>	
AAFCS Member (Member # _____ Exp. Date _____)	\$130*	\$85	\$65	_____
Non-Member	\$140*	\$90	\$70	_____
Student Member (Member # _____ Exp. Date _____)	\$95*	\$65	\$35	_____
Student Non-Member	\$100*	\$70	\$40	_____

Centennial Gala Banquet ONLY: \$35 _____

Wednesday Luncheon ONLY (Limited to Past Presidents and Guests): \$25 _____

Student Registration Sponsorship: \$40 \$30 \$15 Other _____

Please note: A \$10 late fee will be charged for on-site registration.
 Registration is refundable until February 23, 2009.

TOTAL: _____

If you plan to participate in a volunteer service activity, check the appropriate box below:

Sorting food at God's Pantry Food Bank Sewing polar fleece hats at Calvary Baptist Church
 (Meet in hotel lobby at 9 a.m.)

***Includes breaks, Tuesday lunch, Tuesday banquet, Wednesday continental breakfast and Wednesday lunch.**

If you do not plan to attend the Tuesday banquet, please check here:

Hotel Reservation Information

Please make your lodging reservations directly with the hotel by **January 31, 2009**. Request the KAFCS Annual Meeting rate.

- Location: 1375 South Broadway, Lexington, KY 40504
- Phone: 859-255-4281
- Web site: www.thecampbellhouse.net
- KAFCS Rate: \$99 + tax for single, double, triple, quad
- Check in time: 4 p.m. | Check out time: Noon

**Kentucky Association of Family and Consumer Sciences
Awards Nomination Form**



Name of person being nominated _____

Name of award for which this person is being nominated _____

AAFCS Membership Number _____ Membership Renewal Date _____

Current Position of the Nominee _____

Address _____

Office Phone _____ Home Phone _____

Fax _____ E-mail _____

Attach a description of nominee's:

- Offices held in KAFCS/AAFCS
- Other contributions to KAFCS/AAFCS
- Other leadership positions in school, community and/or employment
- Additional comments on this nomination or why the nominee should receive this award

References: Names of two KAFCS members whose letters of recommendation shall be mailed, faxed or e-mailed for receipt by the February 1 deadline using the addresses provided. For the Wiley-Berger Award, a member of the community may write one letter of recommendation.

Name _____ Name _____

Membership # _____ Membership # _____

Address _____ Address _____

City, ST Zip _____ City, ST Zip _____

Phone _____ Phone _____

Fax _____ Fax _____

E-mail _____ E-mail _____

KAFCS AWARDS 2009

Deadline:
February 1, 2009

Kentucky Association of
Family & Consumer Sciences

To qualify for any award, the nominee must be an AAFCS member the current and previous year (exception: Teacher of the Year which requires 3 years' membership). The individual making any nomination must be a current AAFCS member. For more information, contact Ginny Ellington, Awards Chair, ginny.ellington@uky.edu or Marianne Lorensen, Executive Secretary, melorensen@uky.edu.

State Awards Which May be Entered for National Competition

KAFCS LEADER AWARD

Identifies and honors any family and consumer sciences professional who has made significant contributions to the profession and the Association via his/her involvement with AAFCS. Any FCS professional with more than eight years of service to the field and who is an active member of AAFCS is eligible for nomination. The award is presented at the state level with the winner forwarding his/her application to AAFCS for consideration of the AAFCS Leader Award the following year.

KAFCS NEW ACHIEVER

Identifies and honors any family and consumer sciences professional with an earned degree in FCS who has at least three but not more than eight years of service to the field and is an active AAFCS member. This award recognizes members for their potential of achieving significant accomplishments in or through family and consumer sciences. This award is presented at the state level with the winner forwarding his/her application to AAFCS for consideration of the AAFCS New Achiever Award the following year.

KAFCS TEACHER OF THE YEAR

Recognizes the outstanding contributions of family and consumer sciences teachers to the improvement of the quality of family. Recipient will be selected by the KATFACS teachers and recognized at the KAFCS annual meeting. The winner will submit to AAFCS for consideration as the AAFCS Teacher of the Year Award. Kentucky's Teacher of the Year is also recognized at the AAFCS Annual Meeting. Candidates must be current members in AAFCS and must have maintained membership for at least the previous three years.

KAFCS WILEY-BERGER AWARD (awarded in even numbered years)

Recognizes an individual for his/her outstanding effort in a volunteer capacity to improve the public well-being. This recognition is given at the state level with the winner submitting application to AAFCS for consideration of the AAFCS Wiley-Berger Award the following year.

KAFCS Awards

OUTSTANDING STUDENT

Honors an undergraduate or graduate student in Family and Consumer Sciences who is a member of the Student Unit of AAFCS.

OUTSTANDING PROFESSIONAL IN FAMILY AND CONSUMER SCIENCES

Honors an outstanding leader who has been professionally active at the state and national levels.

FRIEND OF KAFCS AWARD

Honors an outstanding citizen or organization which has been instrumental in promoting family life. The winner's application may be forwarded to AAFCS for consideration of the national Friend of the Family Award, if appropriate.

Other State Level Awards

The Association also recognizes KAFCS members who have been selected by affiliate and related groups for recognition. These may include, but are not limited to:

- Outstanding Dietitian Award
- Karen Davis Parker–KAFCS Outstanding Extension Family and Consumer Sciences Professional Award (see KEAFCS Web site for award criteria)

Award Forms

For KAFCS Awards, use the nomination form on the other side. Or, a printable copy of the award form is available at www.kafcs.com. State winners who are submitting forms for national awards must use the AAFCS forms. Contact AAFCS at www.aafcs.org or 800-424-8080.

Mail, fax or e-mail your completed form for receipt by February 1, 2009 to:

**KAFCS Awards
Ginny Ellington
664 Cindy Blair Way
Lexington, KY 40503-3456
Fax: 859-257-3212 E-mail: ginny.ellington@uky.edu**

Persons receiving awards will be notified of the time and place of the award presentation during the KAFCS Annual Meeting:

**March 3-4, 2009
Crowne Plaza Hotel
Lexington, Kentucky**