



# Kentucky Association of Family and Consumer Sciences

NEWSLETTER

Summer Issue 2009



## President's Message Brooke Jenkins KAFCS President

Greetings! It seems impossible that summer has passed so quickly. Now, school is starting and we are all looking forward to the festivities of autumn.

This past June, Sarah Raikes and I represented Kentucky at the AAFCS Annual Conference in Knoxville, Tennessee. We were so pleased to attend this year's program, "Celebrating the Past, Sustaining the Future." With it being the 100<sup>th</sup> Anniversary of AAFCS, the historical significance of the occasion was marked with celebrations and opportunities to renew and reinvigorate our commitment to the profession. A great emphasis was focused on sustainability and is an important and timely consumer issue. This theme will be further developed in our affiliate with district and state meetings devoted to the topic.

The Kentucky affiliate was well-represented with over forty members attending the national meeting. Thank you to Sally Mineer for arranging states' night out at a Knoxville restaurant. Everyone had an enjoyable evening.

Marianne Lorensen and Sarah Raikes organized the Betty Lamp Shoppe, which was very successful! We still have a few AAFCS Centennial Baskets for sale if you are interested. They are attractive and make wonderful gifts. If you are interested in purchasing one, contact Marianne Lorensen.

In the very near future, KAFCS will be completing an Action Plan to submit to AAFCS. This plan will articulate our goals and strategies for the coming year. If you have a desire to be part of this process, we would welcome your input. Please notify Marianne Lorensen ([melorensen@uky.edu](mailto:melorensen@uky.edu)) or President-Elect Sarah Raikes ([sarah.raikes@washington.kyschools.us](mailto:sarah.raikes@washington.kyschools.us)).

Be sure to mark your calendar for our upcoming meetings. We look forward to your participation!

## 2009 KAFCS Annual Meeting

The 87<sup>th</sup> Annual Meeting of the Kentucky Association of Family & Consumer Sciences was held March 3 & 4 in Lexington. Members gathered at the Crowne Plaza to engage in service, celebrate the profession, and renew their ties with friends and colleagues. Participants were joined by some fantastic presenters and exhibitors, enjoyed guest speaker Coleman Eldridge, and were graced by the presence of Ellen Richards (a.k.a. Joyce Miles, CFCS) at the centennial celebration.

A total of 66 members took part in the affiliate's annual meeting—more than half our total membership! It was very exciting to have such a turnout as we marked the 100<sup>th</sup> anniversary of AAFCS, and we hope to have just as many—if not more—colleagues with us at the 88<sup>th</sup> Annual Meeting next spring in Louisville.

## SAVE THE DATE



**"KAFCS IS GOING GREEN"**

**March 3-4, 2010 • Holiday Inn Hurstbourne, Louisville**

Amelia Brown and Marisa Aull are designing a program discussing some of the major challenges for humans in relation to the environment in the 21<sup>st</sup> century.

There are still openings on the committee and volunteers are welcome! Please contact Amelia at [amelia.brown@uky.edu](mailto:amelia.brown@uky.edu) if you are interested in assisting.

### Events Calendar

October 30, 2009	Eastern District Meeting, E.S. Good Barn, Lexington
November 3, 2009	KAFCS Board of Directors Meeting
March 3-4, 2010	KAFCS Annual Meeting, Holiday Inn Hurstborne, Louisville
March 28-31, 2010	FCCLA State Meeting, Galt House, Louisville
June 24-26, 2010	AAFCS 101st Annual Conference, Cleveland, OH

## AAFCS Annual Meeting & Expo

“Celebrating the Past, Sustaining the Future” was the theme for the 100<sup>th</sup> Annual Meeting of the American Association of Family and Consumer Sciences in Knoxville, TN (June 25-28). Our affiliate was well-represented by having 43 Kentuckians in attendance—making us one of the top five states participating in the conference!

Our very own **Martha Nall** and **Grace Angotti** were part of the Centennial Planning Committee and Annual Meeting Committee, respectfully. So Kentucky was also well-represented in all of the work that went on behind the scenes to prepare for this momentous occasion. Members were treated to a variety of fantastic sessions, posters, exhibits, excursions, and other events. **Kim Henken** prepared a poster illustrating Kentucky’s Centennial Celebration (available for viewing at [www.kafcs.com](http://www.kafcs.com)), the Student Unit spear-headed a great service project to benefit Recycle for Sight and Keep Knoxville Beautiful, and the exceptional selection of guest speakers included: Pampered Chef founder, Doris Christopher and Soap and Detergent Association partners, Nancy Bock, Betty Scott and Martin Wolf.

Kentucky is especially proud to have had two of our own recognized at the annual Pacesetter Dinner. **Kathy C. Croxall**, CFCS, was honored with an AAFCS Leaders Award and **Oredia Harmon Whitaker** was recognized as a 50-Year Member.

The conference culminated with the much anticipated Centennial Celebration on Saturday evening, June 27. Attendees were treated to a dynamic presentation on the history of the profession and the current and potential impact of FCS in the modern world—not to mention the laser light show and extraordinary centennial keepsake. Next year’s conference also hits close to home for Kentuckians. The 101<sup>st</sup> Annual Meeting & Expo will take place in Cleveland, OH, from June 24-26, 2010. Save the dates!



Brooke Jenkins, Sally Mineer and Natalie Mineer enjoy a brief break between sessions.



KAFCS delegates enjoy the Centennial Celebration: (left to right) Brooke Jenkins, RaAnn Miller, Cherie Mingus, Martha Nall and Sarah Raikes.

Those who attended AAFCS shared their thoughts on having participated in such a momentous occasion:

*The Centennial Celebration was the best AAFCS party to date! I especially appreciate the gift that Martha Nall designed. It has a Kentucky Betty Lamp! I also thought the Betty Lamp tattoos were a great idea! It took a day or so to grow on me as the Betty Lamp is such an important symbol. What a fun way to draw new professionals into the organization.* ~ **Jackie Jensen**

*It was a privilege to attend the 100<sup>th</sup> Annual Meeting for the American Association of Family and Consumer Sciences. I couldn’t help but think about those who attended the first meeting. We stand on the shoulders of great leaders! The Colleges and Universities Alumni Reception was a huge success. It was good to connect with alums from around the country.* ~ **Ann Vail**

*This was my first AAFCS Conference and I really enjoyed it! It made me proud to be a part of Family and Consumer Sciences. It was great to talk to experienced professionals about different experiences they've had, and things that I am likely to encounter.* ~ **Becca Woolum**



Kathy Croxall and Oredia Harmon Whitaker were recognized at the Pacesetter Dinner.

## Members' Input Needed for Branding Campaign

The Affiliate President's Unit met to discuss several key items of business during the AAFCS meeting. Something you may be interested in knowing is, AAFCS is in the process of a branding campaign. The campaign is in the discovery stage; however within the next few weeks, members, leaders, and students will be invited to participate in a survey to give perspective on this issue. Please make sure your voice is heard! The outcome will be a message that describes and defines our organization. The campaign will be debuted at the AAFCS meeting in Cleveland, Ohio, next summer.

-- Brooke Jenkins



## Centennial Virtual Hall of Fame

Honor a professional who has mentored, counseled, and coached you over the years by adding their name to the AAFCS Centennial Virtual Hall of Fame. To recognize someone, go to the [AAFCS website](#) and click on the "Make a Donation to Induct Your Colleagues or Mentor into the Centennial Virtual Hall of Fame." Complete the required information form and make your payment to complete the process. You can all see nominees by visiting the section "Visit the Centennial Virtual Hall of Fame Honorees."

## HUGS Sponsors and New KAFCS Members

We would like to thank the following members for serving as HUGS sponsors for our college students: Sharon Collins, Ginny Ellington, Jane Ellington, Jewell Deene Ellis, Valerie Holland, Jennifer Klee, Sandra Miller, Cheri Mingus, Sarah Raikes, Ruth Scott and Carolyn Taylor. We appreciate the dedication these members have to the organization and to mentoring new members.

We are always happy to take donations for future new college student members. If you are interested and willing to serve as a HUGS sponsor, please send a check for \$30 for each student you wish to support to Marianne Lorensen.

Welcome to our new members:

Eastern Kentucky University:  
Rachel Armstrong, Melissa Phelps, and Becca Woolum.

University of Kentucky:  
Michael Adams, Rachel Boemker, Chelsea Cuntz, Mary Mossing, Kayla Robertson, and Kelsey Sebastian.

Marianne Lorensen will be taking over the HUGS program, so send your matching sponsorship and your new member applications to:

Marianne Lorensen  
P.O. Box 632  
Lexington, KY 40588

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## KAFCS NEEDS YOU!!

The Kentucky Association of Family and Consumer Sciences will be looking for members to contribute their talents to the work of the association in the following offices starting June 2010:

**President-Elect:** Works closely with president, selects date and place for annual meeting, responsible for product sales at AAFCS, and attends AAFCS Leadership Conference.

**Vice-President Program Planning:** Oversees committees on plan of work, resolutions, public relations and marketing, and public policy.

**Vice-President Service:** Oversees committees on by-laws, membership/recruitment, newsletter, awards and recognition, and scholarship selection.

**Treasurer:** Prepares the annual budget and maintains financial records.

The President-Elect position entails a three year commitment to service on the executive board, one as president-elect, one as president, and one as past president. The other offices are for a two-year term.

If you are interested or you know someone that you think would be interested in one of these positions, please contact Susan Kipp ([susan.kipp@eku.edu](mailto:susan.kipp@eku.edu)). Service on the KAFCS Executive Board is a great opportunity to get to know professionals across the state.

## KAFCS Award Winners



**Sally Mineer**, Lewis County Extension Agent for FCS, received the KAFCS Leader Award at the 2009 Annual Meeting in Lexington. Sally has been active in AAFCS/ KAFCS for 20 years

having served as KAFCS president, treasurer and vice president for service. She is a member of the Kentucky Extension Association of FCS as well as the NEAFCS. She is currently serving as president- elect of KEAFCS and serves on the Ky. Joint Council of Extension Professionals and is a member of Epsilon Sigma Phi and Gamma Sigma Delta. She has received the New Achiever Award, Epsilon Sigma Phi Early Career Award, Epsilon Sigma Phi Diversity Team Award, NEAFCS Pride of Kentucky Award and the NEAVCS Distinguished Service Award.



**Betsy Ann Tracy**, Warren County Extension Agent for FCS, was the recipient of the New Achiever Award. Betsy Ann has been the agent for

Warren County since 2005 and has been an active member of KAFCS since 2007. She has demonstrated a strong willingness to serve in leadership capacities in the western district as well as the state level. She is an active member of KEAFCS and NEAFCS. She serves as president of the Mammoth Cave Area Extension Association for FCS and was selected as a participant for the KY Cattlemen's Association Leadership Program in 2007 and will complete the program this year. Betsy Ann serves on the board of the Food Education and Allergy Support Team, Warren County Breast and Cervical Cancer Coalition and the Bowling Green Area Chamber of Commerce Agribusiness Committee, Bowling Green Home Economists, Youth Professionals of Bowling Green and Visions Nonprofit Group.

Congratulations to both of these deserving members on their accomplishments.

Please begin thinking NOW of members you can nominate for awards for 2010. These are listed on the KAFCS Web site ([www.kafcs.com](http://www.kafcs.com)) and are due February 1 to Ginny Ellington, Awards Chair.

## KAFCS Executive Board

President:  
Brooke Jenkins, [bjenkins@uky.edu](mailto:bjenkins@uky.edu)

President-Elect:  
Sarah Raikes, [sarah.raikes@washington.kyschools.us](mailto:sarah.raikes@washington.kyschools.us)

Treasurer:  
Jennifer Howard, [jhoward@uky.edu](mailto:jhoward@uky.edu)

Secretary:  
Betsy Ann Tracy, [betsy.ann.tracy@uky.edu](mailto:betsy.ann.tracy@uky.edu)

Vice President–Program Planning:  
Debra Cotterill, [dcotteri@uky.edu](mailto:dcotteri@uky.edu)

Vice President–Professional Development:  
Amelia Brown, [amelia.brown@uky.edu](mailto:amelia.brown@uky.edu)

Vice President–Service:  
Luci Hockersmith, [luci.hockersmith@uky.edu](mailto:luci.hockersmith@uky.edu)

Chair–Student Unit:  
Becca Woolum, [rebecca\\_woolum3@eku.edu](mailto:rebecca_woolum3@eku.edu)

Past President and Advisor-Student Unit:  
Susan Kipp, [susan.kipp@eku.edu](mailto:susan.kipp@eku.edu)

President–Eastern District:  
Jennifer Klee, [jbklee@uky.edu](mailto:jbklee@uky.edu)

President–Western District:  
Betsy Ann Tracy, [betsy.ann.tracy@uky.edu](mailto:betsy.ann.tracy@uky.edu)

Executive Secretary:  
Marianne Lorensen, [melorensen@uky.edu](mailto:melorensen@uky.edu)

KAFCS Web site: [www.kafcs.com](http://www.kafcs.com)

**Eastern District Fall Meeting**  
**Going Green in the Bluegrass**  
**October 30, 2009**  
**Gorham Hall—E.S. Good Barn**  
**University of Kentucky Campus, Lexington**



9:30 a.m. Registration & Silent Auction Check-In  
10 a.m. Program begins

Program will focus on buying local, saving energy, driving green, greening your home and more. Enjoy a local foods lunch and optional afternoon tours to “green” remodeling/buildings.

Contact Kim Henken at [khenken@uky.edu](mailto:khenken@uky.edu) for more information.

## Kentucky Association of Family and Consumer Sciences Community Service Project: Helping Hat

Hats can help prevent loss of body heat. Hats can help keep our ears warm on a cold day. Hats can help hide a bad hair day. Hats can help a person maintain his/her dignity. Hats can help to bring hope to a person or family. Join the Kentucky Association of Family and Consumer Sciences in giving back to our communities with hats to help others.

Neonatal units at hospitals provide care to premature or ill newborns. Hats are used to prevent loss of body heat, allowing the newborn to use calories to mature and gain weight. According to the March of Dimes, 15.2 percent of births in Kentucky are premature, compared to the national average of 12.7 percent.

A survey, conducted by the U.S. Department of Housing and Urban Development, reported 754,000 people are homeless on any given night. During a one-night count in Louisville held on January 25, 2007, 180 people were sleeping outdoors. About half of the homeless can be found in shelters. Others live in abandoned buildings, on the streets or in cars. When the weather becomes cold, they look for clothing to help stay warm. A hot meal and a warm hat are welcomed. Churches, soup kitchens, and food pantries often offer warm clothing during cold weather.

Cancer is the second leading cause of death in Kentucky. Early detection provides the best chance of surviving the disease. Once cancer has been detected, many of those cancer patients undergo chemotherapy. While the chemicals attack the cancer, they also destroy other cells in the body causing patients to lose their hair. Hats allow cancer patients to maintain their dignity and stay warm.



Hat-making team at KAFCS Annual Meeting were (back row left to right) Pam Sigler, Majorie Baker, Ruth Duncan, Debra Cotterill, Susan Kipp; (front row) Kelli Willis and Grace Garland.



Kelli Willis sews a hat together during the service project workshop at the KAFCS Annual Meeting.

One yard of fleece fabric can make six hats for the homeless. Two yards of fleece fabric can make eight chemotherapy hats. One yard of fleece fabric can make twenty to forty hats for babies in a neonatal intensive care unit.

You and your friends can make hats to help others in our community. You will need fleece fabric, thread, scissors, pins, and a sewing machine. Everyone has a talent that can help with the project.



Debra Cotterill cuts a hat from a pattern.

The pattern used for these hats can be found on the KAFCS Web site. Additional patterns (sewn, knitted and crocheted) can be found on the internet. Search for "chemotherapy hats" or "preemie hats."

If you or your community partners make hats to share, please provide the number of hats and the organization to Marianne Lorensen, KAFCS Executive Secretary. The KAFCS Centennial Celebration focuses on providing community service. It would be helpful to collect information from our members.



Grace Garland and Kelli Willis model hats made during the workshop.

**Kentucky Association of Family and Consumer Sciences**

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**Lexington, KY 40588**

**KAFCS NEWSLETTER** is published twice a year as a service to members. Send news, photographs and comments to:

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P.O. Box 632  
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www.kafcs.com • www.aafcs.org

## Student Unit Update

Congrats to the 2009-10 KAFCS Student Unit Officers! Please let Becca (rebecca\_woolum3@eku.edu) know if your campus has an active student unit chapter. We want to work with them to make their KAFCS experience a valuable and enjoyable one!

Chair:

Becca Woolum  
Family and Consumer Sciences Education  
Eastern Kentucky University  
Senior  
Hometown: Pineville, KY

Treasurer:

Katie Patton  
Family and Consumer Sciences Education  
Eastern Kentucky University  
Senior  
Hometown: Gallatin, MO

Chair-Elect:

Kelli Willis  
Family and Consumer Sciences Education  
Eastern Kentucky University  
Junior  
Hometown: Richmond, KY

1st Vice-Chair:

Grace Garland  
Family and Consumer Sciences Education  
Eastern Kentucky University  
Junior  
Hometown: Richmond, KY



Melissa Phelps, Anna Day, Susan Kipp, Becca Woolum and Kelli Willis posed for a picture during the 2009 AAFCS Annual Meeting & Expo.

**See more Annual Meeting photos on the KAFCS Web site!**

**www.kafcs.com**