



Kentucky Association of Family and Consumer Sciences

NEWSLETTER

Fall Issue 2007



President's Message Sharon Collins KAFCS President

Greetings to all KAFCS Members,

Fall has arrived, but the temperatures still feel like summer. It has been a busy year so far and the next few months promise to be just as busy. I look forward to the many opportunities in the coming months.

President Elect Susan Kipp and I represented you at the AAFCS conference, June 21–24 at the Grand Sierra Resort in Reno. The theme for this year's conference was "America's Cultural Kaleidoscope: Challenges and Opportunities." This conference was filled with many educational sessions and wonderful speakers. The sessions included multicultural education, diversity, personal finance, health and wellness, and other areas of family and consumer sciences.

Congratulations to Dr. Retia Scott Walker, recipient of the Distinguished Service Award, and Dr. Martha Jenkins, recipient of the Wiley-Berger Award for Volunteer Service. Thanks to Susan and those who assisted with the Betty Lamp Shoppe. We appreciate your time and support.

Susan Kipp and I also attended the 2007 AAFCS Fall Leadership Workshop in Indianapolis from October 26–28. We worked on strengthening our personal leadership skills as well as learning more about AAFCS services and programs.

It is time to start counting down to our KAFCS Annual Meeting. This meeting will be held March 13–14, 2008, at the Executive West in Louisville. Please mark your calendars now to attend.

The countdown continues for the Centennial Celebration. AAFCS will be celebrating 100 years at the 2009 conference in Knoxville. As members of KAFCS, I want all of us to continue supporting the AAFCS Centennial Fund. I want to thank all who have contributed to this fund thus far. Another way in which we can support this fund is to purchase the newly released DVD entitled "The Life and Legacy of Ellen Swallow Richards." This DVD was written and produced by AAFCS member Joyce Miles, CFCS. You may download the order form at www.aafcs.org/centennial. All proceeds from the sale of the Ellen Richards DVD will benefit the AAFCS Centennial Fund.

Committee Announces 2008 Annual Meeting Plans



"City Gone Country" is the theme of the 2008 KAFCS Annual Meeting in Louisville at the Executive West Hotel March 13-14. Becky Nash and her committee are designing a program showing us the co-dependency of urban and rural consumers and producers. Broad topics of food, fuel, and medical care will be presented hands-on and personal.

There are still openings on the committee and volunteers are welcome! Contact me at mash@uky.edu.

--Becky Nash, Vice President Professional Development

2007-2008 Events Calendar

- November 6 KAFCS Executive Board Meeting, Fayette County Extension Office, Lexington. Contact Sharon Collins, sharon.collins@warren.kyschools.us
- February 1 Awards nominations deadline. www.kafcs.com. Contact Dr. Sandra Miller, cpd107@uky.edu (see insert for details)
- February 1 Scholarship applications deadline. www.kafcs.com. Contact Sally Mineer, smineer@uky.edu
- February 1 Call for Research Reporting Session proposals. Contact Susan Kipp, susan.kipp@eku.edu (see page 7 for details)
- March 13–14 KAFCS 85th Annual Meeting, Executive West Hotel, Louisville
- March 24–26 FCCLA State Leadership Meeting, Galt House, Louisville
- June 19–22 AAFCS 99th Annual Meeting, Milwaukee

MEMBERS IN THE NEWS

Nancy Fain, formerly of Frankfort, has relocated to Dallas, where she has assumed the position of Vice President for External Relations and Partnerships at Paul Quinn College. Formerly an administrator at Kentucky State University, Dr. Fain was an officer in AAFCS.

Doris Sikora, Bowling Green, has been named Interim Dept. Chair of the Department of Consumer and Family Sciences at Western Kentucky University. Dr. Sikora has been serving as FCS teacher educator at Western.

Cherie Mingus, Elizabethtown, has become the 2007–2008 President of the Kentucky Association of Career and Technical Education. Mingus was recently inducted into Delta Kappa Gamma Education Honor Society.

Connie Minch, Georgetown, received the 2007 Scott County Citizen of the Year Award from the Georgetown/Scott County Chamber of Commerce. Among her achievements are the Scott County Preservation Award, Vice President of the Ward Hall Foundation, Georgetown College Alumni Achievement Award, the KAFCS Wiley-Berger Award for volunteer service plus numerous awards from the National Extension Association of Family and Consumer Sciences.

Louella Fong, Bowling Green, has retired as Head of the Department of Consumer and Family Sciences at Western Kentucky University.



Rose Mary Brooks, Lexington, received the Hellenic Ideals Award on Oct. 7 at the Hellenic Ideals Program of the Bluegrass annual meeting held at U.K.

Lillian H. Rice, Maysville, a 58-year member of AAFCS, recently received the Buffalo Trace ADD District Community Leadership and Citizenship Award.

Tresea Maull, Lexington, is the NATFACS Family and Consumer Sciences Program Chair this year. She invites anyone who would like to participate in the Best Practices Curriculum Showcase during ACTE in Las Vegas this December to contact her at tresea.maull@fayette.kyschools.us by the end of October.



The above news items were collected from members.

If you have news to share with other KAFCS members, please send to henr421@bellsouth.net, or PO Box 1462, Georgetown, KY 40324.

Walker and Jenkins Honored at 98th Annual AAFCS Conference and Expo in Reno



Dr. Retia Scott Walker, retired vice president, academic outreach and service at UK and former dean, UK College of Human Environmental Sciences, was honored with AAFCS' most prestigious national award, the AAFCS Distinguished Service Award. With Dr. Walker are Marilyn Swierk, AAFCS Director and Dr. Bonnie Braun, then AAFCS President-elect.

She was recognized for her exemplary academic contributions and service to the FCS profession of the past 40 years. She has led by example and consensus building, exemplifying intellectual ability, integrity, and focus. As a scholar, she focused on diversity, aging, and international development. She has received numerous awards including the Jordan Larsen Award for Outstanding Doctoral Graduates of Iowa State University.



Dr. Martha Jenkins, Professor Emeritus, WKU Department of Consumer and Family Sciences, received the 2007 AAFCS Wiley-Berger Award for Volunteer Service and was presented a plaque and stipend. Dr. Jenkins received Kentucky's Wiley-Berger Award in 2006. She is shown with Dr. Diane Smathers, AAFCS Awards Chair.

She has provided volunteer service to professional, civic, and community organizations over a period of 40 years while teaching at WKU. Since her retirement she continues to be actively involved with the WKU Consumer and Family Sciences (Home Economics) Alumni Association and the Phi Upsilon Omicron Alumni Chapter. She also serves as Professional Program Advisor for Phi Upsilon Omicron.



Lisa Carter, UK Archivist, and Ginny Ellington sign the contract giving KAFCS records to the archives for safe keeping.



Ginny Ellington, President, Deena Cotterill and Amber Meeks, scholarship recipients, and Sally Mineer, Scholarship Chair.

Archives Update

At this time, individuals in photographs are being identified by various committee members.

Another meeting of the partial or full committee will soon be held at the University of Kentucky's Margaret I. King Library to identify more pictures that are housed at the library.

We appreciate the work of the committee members and those who have worked so hard to get us where we are now with this project. It is taking much longer than any of us thought, but we will have a great, organized history when it is completed.

--Ginny Ellington, Archives Committee Chair

2007 KAFCS Scholarship Winners

Deena Cotterill is a senior at UK with a major in Merchandising, Apparel, & Textiles. She is very active on campus and is currently serving as Chair of the UK chapter of KAFCS and as State Chair-elect for the KAFCS collegiate division. She is treasurer of the Merchandising, Apparel and Textiles Club and is serving as the Junior Co-coordinator of the College of Agriculture Ambassadors.

Amber Meeks is a junior at UK with a major in Family and Consumer Sciences. Amber has been active in 4-H at Casey County, the Relay for Life, and has also been very active at every level of FFA for five years. Amber would like to complete an internship with the Cooperative Extension Service and possibly serve as a County Extension Agent.

--Sally Mineer, Scholarship Chair

KAFCS Eastern District News

OFFICERS:

President: Brooke Jenkins
 President Elect: Amelia Brown
 Vice President: Jennifer Howard
 Secretary/Treasurer: Kim Henken
 Advisor: Jackie Jensen
 Nominating Chair: Rita Spence

The Eastern District met October 26 at Shaker Village near Harrodsburg, touring the community, networking with colleagues, and participating in a great day of professional development. Amelia Brown and her committee presented "Shake, Rattle & Roll," a program which highlighted exciting and innovative ways that the FCS profession has grown under the leadership of visionary professionals. Attendees learned ways to expand their programs to make a difference with students, clients and communities. A silent auction was held with proceeds benefiting the scholarship fund.

--Brooke Jenkins, Eastern District President

KAFCS Western District News

OFFICERS:

President:	Sarah Raikes
President-elect:	(open)
Secretary/Treasurer:	Betsy Tracey
Newsletter Chair:	Debbie Tankersley
Nominating Representative:	Judy Payne

Under the leadership of Sarah Raikes, president, a meeting of the Western District was held October 23 at the Stone Hearth Restaurant in Elizabethtown. The meeting focused on Nutrition and Health Issues with members sharing teaching strategies, current information and other key ideas. The office of president-elect is open since Sarah moved up to president following the resignation of Janet Scott. This informative meeting is sure to rejuvenate the Western District.

--Debbie Tankersley, Newsletter Chair



Eastern Kentucky University Department of Family and Consumer Sciences

The FCS Department's Burrier Child Development Center has earned the highest possible rating from the Kentucky Department of Education's STARS for KidsNOW program. The Burrier Center is one of only 10 child care programs statewide to earn the Four-Star distinction.

Dana Bush, faculty in the Department's Child and Family Studies program also serves as the Burrier Child Development Center Director. Dana considers the rating both "an indicator of our high quality program and a tribute to our staff and students. We are blessed with a well-educated and highly-prepared staff." **Deb Jones** is in her 10th year as Head Teacher and **Kendra Rutman** (EKU alum of the Child and Family Studies program) is the Assistant Teacher.

The teachers are further assisted by Child Development majors who earn academic credit through their work at the Center. Ten students are completing their practicum in the Center this fall. The Center also offers observation opportunities for other EKU students, including those majoring in psychology, education, and communication disorders.

The Department is also leading an Early Childhood Task Force for the University this year to consider community-wide early child care. Thanks to **Kim Townley**, and the hard work of many others, the visibility of early childhood continues to grow throughout the state.

Here is wishing you a very fine year as we all continue to work to improve the quality of life of families and communities.

--Diane L. Leggett, Chair

Western Kentucky University Department of Consumer and Family Sciences

It gives me great pleasure to be able to report the progress made by the Consumer and Family Sciences Department during 2006-07 and to communicate plans for 2007-08. We welcome the addition of a new faculty member for the Textiles and Apparel Merchandising program. **Dr. Devona Dixon** joined us after completing her Ph.D. at Louisiana State University.

We have successfully moved forward with adding the Child Studies and Family Studies majors at the Elizabethtown and Fort Knox campus. Students will be able to receive either of the degrees without coming to the main campus by taking classes on the Etown campus and online. These two programs will be soon added to the Owensboro campus.

I am sure all of you are aware of the current emphasis on career majors for high school students; assuring that they are taking appropriate coursework that will transfer to the university or the workplace. For the first semester the department is providing dual credit for high school students. **Dr. Doris Sikora** is leading the way with three courses (CFS 111 Nutrition, CFS 151 Food Science and CFS 171 Introduction to Hospitality) currently being offered at Barren County High. Next semester we will be offering dual credits for all the other local high school students.

University of Kentucky School of Human Environmental Sciences

As the fall semester reaches mid-term, there is excitement on campus at University of Kentucky and in the School of Human Environmental Sciences. In September we launched a new website for the School of Human Environmental Sciences and Family and Consumer Sciences Extension. We invite all of you to visit us online at www.ca.uky.edu/hes.

This fall we have 860 undergraduate students enrolled in one of our six degree programs and more than 70 graduate students working on masters or doctoral degrees. We welcomed two new faculty members in August. **Dr. Ron Werner-Wilson** joined us from Iowa State University. Dr. Werner-Wilson serves as chair of the Department of Family Studies and Kathryn Louise Chellgren Endowed Professor for Research. **Dr. Min-Young Lee** joined the faculty in the Department of Merchandising, Apparel and Textiles after completing her Ph.D. at the University of Tennessee.



Photo by Steve Patton

Earlier this year our Centennial Celebration culminated as more than 400 alumni, faculty and friends gathered March 3 at the Crowne Plaza in Lexington. We relived our history through the presentation of three sets of honors, the Erikson Society Medallion, the Centennial Future 100 Medallion, and the Centennial Laureate Medallion. As we prepare for our next 100 years, we continue with the Charting Our Course Planning Initiative. Our plan will be unveiled later this fall and will be expanded next spring as we incorporate the activities Family and Consumer Sciences Extension Agents from across the state outline in their plans of work.

Congratulations are extended to two Family and Consumer Sciences Agents for their recent elections to the National Extension Association of Family and Consumer Sciences Board. **Judy Hetterman** of Owen County will serve a two-year term as the Southern Region Director. **Debra Cotterill** of Mason County will serve a two-year term as treasurer. We also congratulate **Dr. Ray Forgue** for his election as the President for the Association for Financial Counseling and Planning Education.

--Dr. Ann Vail, Director

(Western Kentucky University continued)

We remodeled our interior design studio this past summer and now have the most up to date technology. We purchased new drafting tables that are able to accommodate a computer with the monitor mounted on the sides of the table making it possible for students to draft and utilize the latest software.

I want to take this opportunity to thank all of you who have so generously supported our departmental programs with your donations of time, good will and dollars. We welcome the opportunity for you to stop by and visit with us or share your ideas. We look forward to a great year!

--Dr. Doris Sikora, Interim Department Chair

KAFCS Award Winners

KAFCS honored some of its members and friends at the 2007 annual meeting in Lexington in recognition of outstanding work in their respective fields.



Mary Ludwig, an FCS teacher at Jefferson County's Westport Teenage Parent Program, received the Teacher of the Year Award. Known as patient and caring, she has touched the lives of many students who face unique life challenges. She is keenly aware of the need for FCSE programs to be on the cutting edge and thus has served on statewide committees on curriculum and evaluation, where her work is exceptional and invaluable. Her most recent cutting edge initiative at her school has been initiation of a textiles services program, for which she obtained grants for a school-based embroidery enterprise. She was named a WHAS Excel teacher and been the recipient of a grant from the National Foundation for the Importance of Education.



Grace Angotti, CFCS, FCS Extension Agent for Carroll County, received the Leader Award. A 40-year contributor to the profession, Grace is known as a role model for young FCS professionals because of the quality of her work and the effort she puts into educational programs. She has been a leader at all levels of the profession, including chair of the national Home and Community Section when it initiated the Wiley-Berger Award. For KAFCS she has been Vice-President for Program Development and President-elect. Community endeavors for which she is recognized in Carroll County include its annual Senior Event, monthly Parent Chats, and sessions for Latino adults on nutrition, foods, parenting, and living in America.



The New Achiever Award went to **Amelia Brown**, a Fayette County Extension Agent for FCS who focuses on health and wellness. Quantrell Cadillac was so impressed with her weight management series that it gave

each participant who met his/her weight loss goal \$1,000. Amelia has triumphed over liver disease and turned this into a volunteer opportunity to educate others; she is recognized statewide for her efforts to increase organ donation and is the "face" of blood donation in central Kentucky. As KAFCS annual meeting co-chair for two years, Amelia helped plan programs which generated excitement and interest. She is currently president-elect of the KAFCS Eastern District.



Marisa FitzGerald Aull received the Wiley-Berger Award. In Jessamine County, where she is FCS Extension Agent, she organized community leaders to pool resources in the aftermath of Hurricane Katrina and drove a van of supplies to Louisiana, staying to assist in food preparation for volunteers and provide transportation for kidney dialysis patients. Another service effort was raising money for the victims of the Southeast Asia tsunami. She is president of the Berea College Alumni Association and a member of the Berea College Board of Trustees. Other service activities are chairing her county's Community Outreach Program and Women's Wellness Forum.



The Outstanding Student Award went to **Deena Cotterill**, a Merchandising, Apparel, and Textiles student at the University of Kentucky. As a UK College of Agriculture Ambassador, Deena has promoted family and consumer sciences to adults and prospective students. She is actively involved in UK's Iota Chapter of Phi Upsilon Omicron, has been chair of the campus chapter of KAFCS, and is currently chair of the statewide KAFCS student chapter. Deena is also known as a team player. A recent highlight of her college career was a trip to California to present her research on care labeling at the National Conference of Undergraduate Research.



The Outstanding Professional in Family and Consumer Sciences Award went to **Ginny Ellington**, a former State Director of FCS. She has chaired the National Family, Career and Community Leaders of America (FCCLA) Board of Directors and received the FCCLA Distinguished Service Award. Since retiring from the State Department of Education Ginny has taught at the University of Kentucky, where she has inspired students to be active in professional organizations and modeled passion for the profession. At UK she is also known for her mentoring skills and advising the Educators for Family and Consumer Sciences campus organization. She was a creative, forceful, and enthusiastic leader as 2006-07 KAFCS president.



Magoffin County FCS Extension Agent **Brooke Jenkins** received the Karen Davis-Parker Outstanding Extension Agent for Family and Consumer Sciences Award. Enthusiastic, dedicated, and creative, she is known for going the extra mile and maintaining a wonderful sense of humor. Only a professional for seven years, she has already served as KAFCS treasurer and currently is Vice President for Service. Another leadership role is Honors Chair of the Kentucky Extension Association of Family and Consumer Sciences. She has distinguished herself in her county by bringing together community partners that have influenced over 800 youth and their families to eat more vegetables and fruits.

--Dr. Sandra Miller, Awards Chair

Start thinking about nominating fellow KAFCS members for these awards next year. Awards information is enclosed with this newsletter and is available on the KAFCS Website. To view more pictures of award winners, visit www.KAFCS.com.

HUGS — Always in Style

KAFCS members are notorious for keeping up with the latest styles. Here's one fashion that will never go out of date. It's the HUGS program in which our members give money to match the dues of currently enrolled students and first year active members.

Last year 22 of you sponsored a total of 30 student membership dues. Students and sponsors each paid \$30 which was half of the student dues.

This year we are already off to a good start. We have received enough money to match 12 students but more student members are needed.

The Helping Undergraduate/Graduate Students (HUGS) program has been around for several years. Kelsey Shuler, last year's Student Unit Chair, has already joined as a first year active member by sending a check for \$50. After graduating from Eastern Kentucky University in 2007, Kelsey is taking a year off from school to join the work force and plans to go to graduate school next fall. Kelsey says, "receiving a HUGS grant allows me to continue to be part of a group that has not only inspired me, but leads me in FCS."

You will agree that we need more Kelseys who will continue their professional affiliation after graduating. We can help by giving them a boost by matching their dues.

The student member dues of \$60 have not changed but AAFCS now asks for verification of student status. We have added this to the HUGS application form. The first year active member category is a total of \$100.

In addition to helping a student or a first year active member, you are given the benefit of connecting with our next generation of professionals. Today with the efficiency of e-mail, you can be a mentor and develop lasting friendships.

A HUGS application for students and sponsors appears on our kafcs.com website.

Thanks to all who have taken part in the HUGS program in the past. Stay in style: promote student membership by participating in the HUGS program.

--Dr. Sarah T. Henry, Executive Secretary

2007 Annual Meeting Photos

To view more pictures, visit www.KAFCS.com.



2007 award recipients from left: Deena Cotterill, Outstanding Student; Ginny Ellington, Outstanding FCS Professional; Mary Ludwig, Teacher of the Year; Grace Angotti, KAFCS Leader; Brooke Jenkins, Outstanding Extension Agent; Amelia Brown, New Achiever; and Marisa FitzGerald Aull, Wiley-Berger Award



Dr. Ann Vail, University of Kentucky, visits with Jewell Deene Ellis, Kentucky Department of Education.



Sally Mineer scans the silent auction before making a bid. The auction plus donations added over \$1400 to the scholarship fund.



Cheryl Mimbs, U.K., left, attended her first KAFCS meeting since coming to Kentucky last fall. She is welcomed by Ginny Ellington, president.

Share Your Work With Colleagues

Call for Proposals 2008

Kentucky Association of Family & Consumer Sciences Annual Meeting
March 13-14, 2008
Executive West Hotel
Louisville, KY

You are invited to share your ideas and achievements with colleagues in a workshop or poster session. The 2008 meeting will provide an opportunity for sharing research and creative and innovative educational programs in a scholarly format.

Students and Professionals May Submit Proposals for:

1. Innovative and creative educational programs (oral presentations)
2. Research (oral presentation)
3. Poster sessions sharing research or creative programs

Presentation Format: Each oral presentation will be allowed 15 minutes plus 5 minutes for questions and answers. All presentations (oral and poster displays) will be **Friday, March 14.**

Abstract Format: Please submit a two-page abstract for blind review. Include the following information:

Title Page Presentation Title
 Presenter(s) names(s), current position, institution/organization,
 mailing address, telephone numbers and e-mail address for
 each presenter.

Abstract Presentation Title
 Type of Presentation
 one of the following: 1) oral presentation, b) poster
 presentation, or c) willing to do oral or poster presentation

Body of Abstract
**Innovative and Creative Educational Programming-
 Oral or Poster** – Include a narrative description of the
 program, including the purpose/objectives, target
 audience, methodology, outcomes.

Research Presentations-Oral or Poster – Include a
 narrative description of the objectives of the research,
 methodology, findings, and implications.

Proposals must be submitted by February 1, 2008.

Mail, Fax or E-mail Abstracts to:

Mrs. Susan Kipp
 3013 Woodfield Circle
 Richmond, KY 40475
 Phone: 859-622-1167
 Fax: 859-622-1163
 E-mail: susan.kipp@eku.edu



All presenters who are KAFCS members or who are eligible for KAFCS membership must pay the appropriate registration fee. Speakers not eligible for KAFCS membership will be provided a one-day complimentary registration on the day of their presentation.

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KAFCS NEWSLETTER is published twice a year as a service to members. Send news, photographs, and comments to:

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Are you connected?

If you are not receiving e-mail messages from KAFCS, please contact Dr. Sarah Henry at henr421@bellsouth.net. Your address will be added to our growing list of e-mail recipients.

Scholarships

The criteria for scholarships and the scholarship application are available on www.kafcs.com. If additional information is needed, please contact Sally Mineer at smineer@uky.edu or Sarah Henry at henr421@bellsouth.net. The application deadline is February 1, 2008.

Awards

The deadline for Awards nominations is February 1, 2008. Please consider nominating a colleague for one of our prestigious awards. The awards flyer is inserted in this newsletter and the criteria and nomination form are also on the website. Awards Chair Sandra Miller may be contacted at cpd107@uky.edu.

Proposals

Members are encouraged to submit a proposal to share their research or other scholarly or creative work at the 2008 Annual Meeting. Information describing the procedure for submitting a proposal is on page 7 of this newsletter. This year's chair of research reporting is Susan Kipp, susan.kipp@eku.edu, 859-622-1167.

HOLIDAY GIFT IDEAS

With the holidays around the corner, you may be interested in some of our betty lamp design products:

- Hand-crafted, wrought-iron stand to display the larger betty lamp. Cost (stand only): \$25 plus postage.
- Reproduction betty lamps made by a Kentucky craftsman. Cost: \$50 (large) plus postage.
- Silver betty lamp pins made by Ken Gastineau in Berea. Cost: \$30 plus postage.
- Brass betty lamp pins, also made by Gastineau. Cost: \$10 plus postage.

For a complete listing of Betty Lamp Shoppe items, go to www.kafcs.com where you may also download an order form.

Send orders to:
 Dr. Sarah Henry
 PO Box 1462
 Georgetown, KY 40324



Display your betty lamp with pride!!