



## President's Message Whitney Hilterbran KAFCS President

Greetings KAFCS Members!

I hope your holiday season is off to a happy and healthy start. I encourage each of you to take time for your family and yourselves during this busy time of year.

Several Kentucky delegates were able to attend the AAFCS Annual Conference & Expo in Atlanta, GA this summer as well as FCCLA nationals. Both of these conferences offered insightful information and great leadership workshops. I hope that all in attendance found these experiences valuable. Plan to join us next year in St. Louis for AAFCS from June 23–26.

I was planning to attend the Fall Leadership Workshop in Washington, D.C. with president-elect Rachael Price. Unfortunately, due to Hurricane Florence, the National Office made the decision to cancel the workshop. We were sad to miss out on this opportunity but AAFCS has archived many webinars on the topics that were scheduled for discussion.

Lastly, I extend my appreciation to all of our members. This organization is strong because of you and your continued devotion to Family and Consumer Sciences. Our world is continuing to change and the evidence that FCS is needed now is strong. Please continue to advocate for our field and help grow our membership by encouraging others to join. Do you remember why you joined KAFCS/AAFCS? Share your story with someone else and maybe it will encourage them to join, too! I look forward to working with you in the coming year as your President and humbly thank you for this honor.

## Save the Date!

KAFCS Annual Meeting  
April 18–19, 2019  
Berry Hill Mansion  
Frankfort, KY

### Dates to Remember

#### 2018

December 3 FCS Dining In Day

#### 2019

January 15 Award Nominations due to Caylen Knight

February 13 FCS Educator Day  
*See article on page 5*

March 3 Scholarship Applications due to Sally Mineer

April 18–19 KAFCS Annual Meeting  
Berry Hill Mansion  
Frankfort, KY

June 23–26 AAFCS Annual Conference & Expo  
St. Louis, MO

**2018–19 KAFCS Officers****President**

Whitney Hilterbran  
whitney.hilterbran@uky.edu

**President-elect**

Rachael Price  
r.price@uky.edu

**Treasurer**

Madison McAlmond  
madison.showalter@uky.edu

**Secretary**

Hannah Mayrand  
hannah.leonard@uky.edu

**VP-Program Planning**

Amanda Sewell  
amanda.sewell@fayette.kyschools.us

**VP-Professional Development**

RaAnn Miler  
raann.miller@jessamine.kyschools.us

**VP-Membership**

Caylen Knight  
caylen.knight@boone.kyschools.us

**Past President**

Cherie Mingus  
cheriemingus@gmail.com

**Executive Secretary**

Sally Mineer  
smineer@uky.edu

**Committee Chairs****Awards and Recognition**

Caylen Knight

**Certification Coordinator**

Sally Mineer

**AAFCS Development**

Cherie Mingus

**Finance**

Rachael Price

**Archives**

Hannah Mayrand

**Newsletter**

Celeste Moore

**Nominating**

Allison Lewis

**Public Relations and Marketing**

Jennifer Burton

**Annual Meeting Arrangements**

RaAnn Miller

**Annual Meeting Program**

RaAnn Miller

**Strategic Plan**

Caylen Knight

**HUGS: Helping Undergraduate & Graduate Students**

As we recruit FCS students to join the student units of KAFCS/AAFCS at Kentucky universities, it is important to be able to help them with financial support.

As professionals, we all remember our days as a college student trying to decide what to be a member of. You can help make that decision a little easier with a contribution of \$25 for student annual dues or \$50 to help a new professional join our association.

As members of AAFCS we can proudly say that student unit members can continue this professional group long after graduating and use it to help jumpstart their career in Family and Consumer Sciences.

As a KAFCS member, please encourage your college students and new professionals to take advantage of the opportunity that these programs offer. If you have questions, please contact Sally at smineer@uky.edu. Forms for these new members are on our website, kafcs.com.

If you are willing to help sponsor a student please send a check and mark HUGS donation to:

Sally Mineer  
112 Erikson Hall  
University of Kentucky  
Lexington, KY 40506-0050

Thanks for your support!!!!



### Fall Professional Development Workshop Report

Our Fall Workshop was held in Danville on September 6th. Attendees toured the McDowell House Museum, Apothecary & Garden and Constitution Square. We visited Burke's Bakery for some delicious treats before heading to A Southern Plate Catering for lunch and a short program on *Reaching Limited Resource Youth through Nutrition Education Partnerships* by our own Brooke Jenkins. We ended the day at Warrenwood Manor, a beautiful restored home that is used for weddings, reunions and other events. It was a beautiful day during which we learned about the city of Danville and many of its "firsts." Special thanks to Kayla Godbey for being a great hostess for the day!

### Scholarship Announcement!

The Kentucky Association of Family and Consumer Sciences will award one or more scholarships to deserving college students for the upcoming academic year. Scholarships range in value from \$500 to \$750. A recipient may receive a scholarship for a second year.

To be eligible, a student:

- Will have achieved junior, senior, or graduate student status at the time the scholarship is used.
- Will use the scholarship in a Kentucky college or university.
- Will major in a field of Family and Consumer Sciences.
- Will maintain membership in the American Association of Family and Consumer Sciences for the duration of the scholarship.

The scholarship application can be found on [KAFCS.com](http://KAFCS.com) and is due to Sally Mineer by March 3, 2019.

## 2018 Award Recipients



Left to right: **Hannah Crawford**, Outstanding Student; **Jennifer Burton**, Teacher of the Year; **Reeca Carver**, Outstanding Professional; **Whitney Hilterbran**, New Achiever; **Kayla Godbey**, Wiley-Berger; **Elizabeth Coots**, Leader. Not pictured: **Robyn Diaz d'Aux**, Friend of KAFCS.

# Awards and Nominations

Dear Member,

As fall comes to a close, now is an excellent time to begin thinking of Family and Consumer Sciences Professionals that you can nominate for an award. KAFCS offers many awards to recognize the hard work, dedication, and passion that you and others have for this wonderful profession. One of the many benefits of this wonderful organization is that we love to honor our colleagues! Please see the awards listed below and thoughtfully consider your peers who fit the descriptions.

## KAFCS Awards

- **KAFCS Leader Award:** FCS professionals who have made contributions on the national level and have been a member for at least 8 years.
- **KAFCS New Achiever Award:** FCS Professionals who have been a member for at least 3 years but no more than 8 years.
- **KAFCS Outstanding Student Award:** FCS student either in undergraduate or graduate program.
- **KAFCS Outstanding Professional Award:** FCS active professional on the state level.
- **Friend of KAFCS Award:** Any citizen and/or organization that promotes family life.
- **Wiley-Berger Award:** FCS professional who has done any volunteer work that is beyond their job description.

## Additional State Awards

- **Karen Davis-Parker Outstanding Extension FCS Professional Agent Award**

## Membership Challenge

This year when you attend one of our annual meetings, invite at least one of your FCS colleagues to join you. Then, take it a step further and encourage them to apply for membership at [www.aafcs.org/join](http://www.aafcs.org/join)

## I Want to Nominate Someone, Now What?

Please visit [www.kafcs.com](http://www.kafcs.com) for additional information on the nomination process. Nominations can be sent to Caylen Knight at [caylen.knight@boone.kyschools.us](mailto:caylen.knight@boone.kyschools.us)

## Nomination Deadline: January 15, 2019

**Awards will be presented at the 2019 KAFCS Annual Meeting. Recipients will be notified by March 1, 2019.**

Continue to do the amazing work you do. I look forward to seeing you at our spring meeting!

~Caylen Knight  
Vice President of Membership

***“Empowering Individuals to Improve Their Quality of Life”***

## FCS Educator Day: February 13, 2019

### What is National FCS Educator Day?

The annual National Family and Consumer Sciences (FCS) Educator Day celebration will take place on the Wednesday of FCCLA week: February 13, 2019. National FCS Educator Day is designed to encourage others to become FCS educators and to recognize and celebrate the important role that Family and Consumer Sciences educators play in our schools and communities. National FCS Educator Day is a part of the "Say Yes to FCS: Filling the Educator Pipeline" recruitment campaign, an initiative of ten FCS organizations.

### Who is it for?

National FCS Educator Day is for anyone who wants to

- Celebrate family and consumer sciences educators in secondary, post-secondary and Extension programs;
- Share the story of FCS education's importance and effectiveness in the United States; and
- Encourage students to consider careers as FCS educators.

Anyone who wants to participate can find a variety of resources to help them talk about FCS education at [www.aafcs.org/sayYES](http://www.aafcs.org/sayYES).

### What Happens on FCS Educator Day?

FCS educators and FCS education advocates (parents, alumni, business and industry leaders) will engage in a variety of activities to celebrate and promote the career of FCS education. These activities may include school rallies, special lessons, community activities, and much more.

The "Say Yes to FCS Educator Recruitment" website is a clearinghouse of resources to help current educators, prospective educators and advocates. Resources include videos, lesson plans, social media tools and more!



**Say  
Yes to FCS**

### Top Five Reasons To Become a Family and Consumer Sciences (FCS) Educator

- You want to make a difference in people's lives.
- You enjoy helping others develop skills to be successful at home and work.
- You enjoy flexibility and variety in your work.
- You are patient, nurturing, creative, organized, and self-motivated.
- There is a shortage of FCS educators, which means there are many jobs available throughout the country!

#SayYestoFCS

**AAFCS**  **June 23-26, 2019**  
**St. Louis, MO**  
**ANNUAL CONFERENCE & EXPO**

## AAFCS Membership

**AAFCS Membership is valid for one year.** Remember to renew your membership when your renewal invitation arrives.

Association members:

- Believe in the family as a fundamental unit of society.
- Embrace diversity and value all people.
- Support life-long learning and diverse scholarship.
- Exemplify integrity and ethical behavior.
- Seek new ideas and initiatives and embrace change.
- Promote an integrative and holistic approach, aligned with the FCS body of knowledge, to support professionals who work with individuals, families, and communities.

Privileges of all members include affiliate membership, engaging in groups of the Association, discounted registration to the Annual Conference & Expo, access to online learning webinars, and receipt of AAFCS' official publication, the *Journal of Family & Consumer Sciences*.

Professional Member\*: \$150 per year

Emeritus: \$100 per year

Student (collegiate/postsecondary): \$50 per year

*\*special introductory rate of \$100 is offered for the first year of Professional membership (one year only)*

Learn more about the benefits of membership at [www.aafcs.org](http://www.aafcs.org) or call 800-424-8080.

### KAFCS Needs You!

Do you wonder how you can give back to an organization that has dedicated itself to serve as Kentucky's voice for the Family and Consumer Sciences profession? One way is to become a part of the KAFCS Board of Directors. How many times have we as educators or agents asked our students or homemakers to step up to a leadership role? Shouldn't we be willing to do the same thing? KAFCS is seeking nominations for the 2019-2021 biennium.

If you are willing to share your talents for the association, consider running for one of these offices:

- ✚ President-Elect – works closely with the president and plans the annual meeting
- ✚ Vice President Professional Development – plans annual meeting program working with the annual meeting chairpersons
- ✚ Vice President Membership – oversees committees on plan of work, resolutions, public relations and marketing, and public policy
- ✚ Secretary – records all minutes of the Executive Board as well as the minutes of the annual meeting business session

If you are interested or know someone who might be interested in one of these positions, please contact Cherie Mingus at [cheriemingus@gmail.com](mailto:cheriemingus@gmail.com).

Service on the KAFCS Board is a great opportunity to serve and grow as a professional!

**Kentucky Association of Family and Consumer Sciences**  
**112 Erikson Hall**  
**University of Kentucky**  
**Lexington, KY 40506-0050**

**KAFCS NEWSLETTER** is published as a service to members. Send news, photographs and comments to:

Celeste D. Moore, Newsletter Editor  
[itsmceleste@hotmail.com](mailto:itsmceleste@hotmail.com)

OR

Sally Mineer, KAFCS Executive Secretary  
 112 Erikson Hall  
 University of Kentucky  
 Lexington, KY 40506-0050  
 859-257-4702

[www.kafcs.com](http://www.kafcs.com) • [www.aafcs.org](http://www.aafcs.org)