

KENTUCKY FCS

CONNECTING PROFESSIONALS. TOUCHING LIVES.



Fall Issue 2013



President's Message Anna Sullinger KAFCS President

Greetings fellow KAFCS members! I hope that each of you have had a wonderful and relaxing "cool" summer. It seems fall is in the air much too soon this year. Most schools are back in session and we are saying goodbye to the flexibility of our summer schedules and returning into our daily working routines. Most importantly, it is time for many of us to gear up and begin making positive impacts to our students, co-workers, administrators and community members as Family and Consumer Science professionals.

This past February, at our annual meeting, I spoke about unmasking our potential and leadership in family and consumer sciences. I asked each KAFCS member in the room to reflect on their experiences and to think about who unmasked their leadership and where did they learn the courage to lead? I challenge each member this year to encourage those around you to become active as a Family and Consumer Sciences professionals. We have such important callings to our communities, whether it is through a school, extension office, university or other setting. What we do each day changes the lives for the better of our clients. I know that if Mrs. Ann Porter had not encouraged me to lead, I would not be in this position or career today.

As you make challenges to other members, ask them to become part of AAFCS. Often times, we make assumptions that others around us know about the good we do as family and consumer science professionals. We need to remember to promote ourselves and our organization that provided us with the opportunities that we have each day. Continue reaching out to others and spread the good news about KAFCS!

We are looking for members to lead this organization in the upcoming year. What role could you fill? If you are interested in a leadership position or have a nomination please contact Ginny Ellington at ginnye@twc.com or me at anna.sullinger@grant.kyschools.us.

Be sure to attend our upcoming Professional Development Day in October and our Annual Meeting in March. Our Executive Board is working hard to develop an informative, professional and relevant program for each of these events. We look forward to your participation.



Dates to Remember

2013

- October TBA KAFCS Professional Development Day
Louisville
- October 7 Fall Executive Board Meeting
DoubleTree Suites by Hilton Lexington
2601 Richmond Road
Lexington
- October 15 KAFCS Awards Deadline
See article on page 5

2014

- February 1 Scholarship Applications due to Ginny
Ellington
- March 5 Spring Executive Board Meeting
DoubleTree Suites by Hilton Lexington
2601 Richmond Road
Lexington
- March 6-7 KAFCS Annual Meeting
DoubleTree Suites by Hilton Lexington
2601 Richmond Road
Lexington
- June 25-28 105th AAFCS Annual Conference & Expo
St. Louis, Missouri

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Successful State Meeting 2013 — Embracing and Managing Change through Family & Consumer Sciences

The KAFCS Annual State Meeting was February 20–21 at the DoubleTree Suites in Lexington. Approximately 50 members enjoyed participating in bread making sponsored by King Arthur Flour Company and speakers on **A Change is Gonna Come!** (Dr. Michael Goodin, Professor in the Department of Plant Pathology, UK), **Go Gold with Beef**, Dr. Ann Kingsolver (Director of Appalachian Center Studies Program, UK) and Peggy Gray (Director of Life Skills Programs for King Arthur Flour Company). Ms. Gray gave everyone in attendance 3 bags of King Arthur Flour: wheat, self-rising and unbleached all-purpose.

Pam Sigler and her committee planned an outstanding program which also included roundtable discussions led by members in attendance giving best practices in their individual fields. A panel discussion, **Embracing the Change to a Globally Diverse Community** with members including Rev. Elizabeth Karznak, Director, Kentucky Refugee Ministries, Barbara Klein, Director, Lexington office, Paula Hollis, Community Advocate for Refugee Families, Natasha Saunders, UK College of Agriculture, Office of Diversity, was one of the highlights of the meeting.

The banquet was held during which time awards were presented. During the closing session, 25- and 50-year members as well as new members and past presidents were recognized. After the installation of officers, the meeting was adjourned until March 6–7, 2014 at the DoubleTree Suites in Lexington.



HUGS: Helping Undergraduate & Graduate Students

The new school year has begun!!! Which means that our Family and Consumer Sciences students have returned to campus—along with many new faces! As we recruit students into KAFCS/AAFCS, it is wonderful to be able to offer them financial support and mentoring opportunities as part of their membership. We begin the year over at this time. With a contribution of \$30, you can support half of a student member's annual dues and develop a relationship that could last a lifetime.

When you were a student, you probably had an instructor, supervisor, or mentor who impacted your personal and professional life. You probably also thought, at some point that there was no way you could ever really repay them for all that they had given you or done for you. Maybe not, but you can pay it forward by becoming that kind of support for one or more current students.

As well as students returning back to school, so do our new teachers who also can benefit from our New Professional program. This is providing member assistance to these new professionals by contributing \$50, half of their first year membership. We have begun to bring in several younger members to our organization, and we need to continue.

As a member, please encourage your college students and new professionals to take advantage of the opportunity that these programs offer. If you have questions, please contact Ginny at ginnye@twc.com. Forms for these new members are on our website, kafcs.com.

If you are willing to contribute to either or both of these programs, please send your checks and forms to:

KAFCS HUGS/New Professionals
c/o Ginny Ellington
664 Cindy Blair Way
Lexington, KY 40503

Thanks for your support!!!!

Student Unit Officers

Since the spring KAFCS meeting, the student units have participated in several activities to facilitate professional development, increase community involvement and promote Family & Consumer Sciences. These activities included hosting speakers, participating in Ag Awareness Day and, new this past year, UK's student unit was invited to host a Lorax-themed Arbor Day at the Explorium in downtown Lexington. The student units are gearing up for more exciting activities as the school year comes to a start.

The following students are serving as officers. Feel free to contact any of them if you have committees on which you would like student input or if you have ideas or other opportunities for them to network with professionals.

Chair **Shelby Rose**
shelby.rose@uky.edu
Junior at U.K.

Chair Elect **Caylen Badgett**
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Sophomore at E.K.U.

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Sophomore at U.K.

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sarah.holbrook24@uky.edu
Sophomore at U.K.

Treasurer **Kayla Brackman**
kbrackman11@yahoo.com
Junior at U.K.

AAFCS Annual Meeting Report June 26–29, 2013 Houston, TX

The 104th American Association of Family & Consumer Sciences held its three day conference June 26–29 in Houston, Texas. All 18 KAFCS attendees had a great time, especially using the underground sidewalks to escape the 100°F temperatures! This meeting was Texas sized and packed full of information. The theme of the meeting was “Embracing and Managing Change through Family and Consumer Sciences.”

Members enjoyed great speakers, educational excursions and sessions. Opening session speaker was Dr. Steve Murdock, the former director of the US Census Bureau. He shared with members the current and future demographic and social changes that are impacting America. He spoke about the factors that will change the education and economic development in America and the implications for the FCS profession. Marsha Carter from Alabama was recognized as the national teacher of the year for her outstanding hospitality and tourism program.

This is the first year AAFCS has had a leadership academy. Its goal is to recruit young and/or new professionals into the organization. Only 15 were selected; three are from Kentucky. Allison Lewis, Elizabeth Creed and Lara Savage represented the Kentucky affiliate well. Also, Allison Lewis and Elizabeth Creed were the senators that represented us during the senate meeting held on Saturday.

The concept of the Academy of Family and Consumer Sciences was introduced in the Affiliate Presidents Unit meeting. A copy of the concept paper that was presented to affiliate presidents at the meeting is being distributed with this newsletter. Please take time to thoroughly read the document since it will change AAFCS if approved and supported.

Do you know of new teachers that have been in the field for less than three years? If so, we learned that the community for elementary, secondary and adult education awards selected new professionals with dues sponsorship for one year. For the past few years, they have not received enough applications to award all the money set aside. Please let college juniors and seniors and first or second year teachers know about this great opportunity!

Members had a great time at State's Night Out! Fifteen members enjoyed dinner at Guadalajara Del Centro, an authentic Tex-Mex restaurant. Annual Conference is a great place to network, catch up and learn about new research and trends in Family and Consumer Sciences. If you have not been to annual conference or it's been a while, we look forward to seeing you at next year's conference in St. Louis.

Three Kentuckians Chosen for Inaugural National Leadership Academy

Elizabeth Creed, Allison Lewis, and Lara Savage were three of 15 new American Association of Family & Consumer Sciences professionals chosen from across the U.S. to participate in the AAFCS 2013 Inaugural Leadership Academy, June 25–26, in Houston, Texas.

The launch of the Academy, which took place prior to the AAFCS 104th Annual Conference & Expo, is the beginning of a year of activities that will help prepare new AAFCS leaders for national leadership roles within AAFCS to further its mission, “providing leadership and support for professionals whose work assists individuals, families, and communities in making informed decisions about their well-being, relationships, and resources to achieve optimal quality of life.”

Creed has been a member of AAFCS for seven years. She served two years as KAFCS State Secretary and currently serves as President-Elect. She is the Woodford County Extension Agent for FCS. Lewis has been a member of AAFCS for seven years. She served as the Vice-President of the Western District and currently serves as Vice President for Professional Development. She is the Spencer County Extension Agent for FCS. Savage has been a member of AAFCS for nine years. She has been in KAFCS for four years and was previously in the Tennessee Affiliate for five years. In Tennessee, she served as the Affiliate Central Region Chair, Affiliate Student Unit Treasurer, and Tennessee Tech University Chapter President. She is the Monroe County Extension Agent for FCS.

The 15 AAFCS Academy participants will be involved in projects on the national level within the next year. The projects are mostly centered around increasing awareness of the field of FCS on a national level. In addition to the national projects, participants will lead a project on the affiliate level. Since Kentucky has 3 participants, they will be working collaboratively on an affiliate project. More details of this will be shared at the state meeting. In addition to having three Kentuckians chosen for this Academy, Kentucky also had a member on the planning committee of the Academy. Martha Nall, retired from the University of Kentucky, served on the planning committee and presented programs at the Academy in Houston, Texas. Kentucky was well represented! We should all be proud!



AWARDS TIME AGAIN!!!

It's time to nominate outstanding members of KAFCS for professional recognition. The awards that continue to national competition are:

KAFCS Leader Award

KAFCS New Achiever Award

KAFCS Teacher of the Year Award

(this award recipient is submitted by the KY Association Teachers of Family and Consumer Sciences)

KAFCS Awards:

KAFCS Outstanding Student Award

KAFCS Outstanding Professional Award

Friend of KAFCS Award

Other State Level Awards:

Outstanding Dietitian Award

Awardee must be a member of both AAFCS and the American Dietetic Association.

Awardee shall be selected by the KY Dietetic Association with the recipient's name and information forwarded to KAFCS by **Oct. 15**.

KAFCS Karen Davis-Parker Outstanding Extension FCS Professional Agent Award

Awarded by KEAFCS and recognized by KAFCS. Criteria include an outstanding project or activity plus evidence of professional involvement in FCS and Extension organizations. Applicant must belong to AAFCS.

Please take time to nominate your deserving colleagues for these awards! We know that KAFCS members are doing great things, and we want to give them a chance to shine!

Please visit www.kafcs.com for additional information on the nomination process.

2013 KAFCS Award winners will be notified no later than December 1, and they will be recognized at the annual meeting in March 2014. Those being nominated for 2014 AAFCS Awards will also be notified by December 1 and will work with the Awards Chair to submit national nominations.

Nomination deadline: October 15, 2013

IN MEMORIAM



Ora-Mae W. Cheaney, a lifetime member of AAFCS/KAFCS, passed away March 31, 2013. She was a member of AAFCS/KAFCS for 51 years before her death.

Mrs. Cheaney graduated from Douglass High School (in Henderson Co.) in 1931. The special recognition and commendations accorded her in Domestic Science, as it was called in those early years, gave direction to her life in later years. She moved to Frankfort for a higher education at Kentucky State College and obtained a BS Degree with a major in Home Economics. In 1951 she received an MS Degree from Indiana University, with a major in education and minor in home economics. She also engaged in studies at Iowa State University, University of Kentucky and Georgia Institute of Technology.

Her professional experience included a one room rural school in Henderson County, and then moved on to the May-Underwood School in Frankfort as Home Economics teacher. She joined the faculty of Kentucky State University as Associate Professor in 1976. She served as a critic teacher in the student teacher program at KSU and helped to plan and charter The New Homemakers of America, having students elected to national offices.

Our sincere thank you goes to Mrs. Cheaney for her years of service in advancing the Home Economics Program, New Homemakers of America/Future Homemakers of America as well as the many other contributions she made to the national, state and local professional organizations.



Mrs. Agnes Foster-Hunter passed away on July 16, 2013. She was a longtime and faithful member of KAFCS. She graduated from Western KY University and the University of Kentucky and taught at Ohio County High School before going to the KY Department of

Education as a state supervisor and while there served as state adviser for the Future Homemakers of America for 25 years. FCCLA named a scholarship in her honor, and the FCCLA Alumni/Associates present "Agnes Foster Golden Horizon" awards to senior members each year. Our sympathy is extended to the Metcalfe/Foster families.

KAFCS Professional Development Day

October 2013

Louisville

Morning Program:

Visit laboratories in a major Corporation
where quality assurance and innovation occurs

Tour the Colonel Sanders Museum

Lunch:

North End Café on Bardstown Road (in the Highlands)

Afternoon Program:

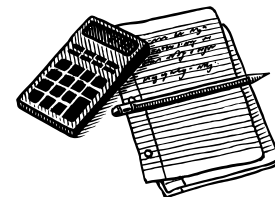
Tour Garden Gate Fruit Market and/or a behind the scenes tour of JoAnn Fabrics



Schedule, registration cost and deadline
will be emailed to KAFCS members in the near future.

AUDIT REPORT

The Audit Committee met on July 31, 2013 and found the
books to be in order.



–Martha H. Perkins
Chair, Audit Committee

American Association of Family & Consumer Sciences
105TH ANNUAL CONFERENCE & EXPO

June 25-28, 2014

Hyatt Regency St. Louis at the Arch
St. Louis, Missouri



2013 KAFCS AWARDS

KAFCS presented awards at its Annual Meeting in Lexington in February.



**Mary Ludwig Teacher of the Year
RaAnn Miller**

This was the first year that KAFCS awarded the Mary Ludwig Teacher of the Year award. Formerly just the "Teacher of the Year" award, it was renamed for Mary Ludwig upon her untimely death to honor her memory and all she had done to promote our profession. This year's recipient was RaAnn Miller. Mrs. Miller has been a teacher and advisor of Family and Consumer Sciences at Jessamine Career and Technical Center for eleven years. She currently serves on the National FCS Coalition. She has been instrumental in developing skill standards for Family and Consumer Sciences and FCCLA programs, implementing curriculum, creating career pathways, promoting family and consumer sciences and mentoring teachers. RaAnn is a role model and mentor.



**Outstanding Student
Rachael Chihak**

Each year our organization recognizes a college student that has shown outstanding leadership. This year the student selected has done just that as she is currently the president of the University of Kentucky Student Unit of the American Association of Family and Consumer Sciences. Rachael Chihak transferred to UK last year as a junior in Family Studies and quickly displayed her leadership skills to revitalize the UK student unit. She was active in establishing and participating in community service projects. She and other members established a social network page to improve communication. She attended the AAFCS meeting in Indianapolis, gleaned ideas from other student units for activities and service projects that would benefit UK's membership on campus, in the local community and across the state.



**Outstanding Professional
Celeste Moore**

This year's recipient of the Outstanding Professional in Family and Consumer Sciences award has been an integral part of keeping our membership informed of what's going on. Celeste Moore has served as newsletter editor since 2005 as well as the 1995-97 terms for a total of nine years. Although Celeste's professional positions have not always been directly related to Family and Consumer Sciences, she has maintained her professional affiliation with AAFCS ever since she joined as a student in 1985. Throughout this time she has been a loyal and contributing member of KAFCS. She can usually be seen at our annual meetings and uses these opportunities to maintain her professional friendships and keep her knowledge of FCS subject matter up to date.



**Karen Davis-Parker Outstanding Extension FCS Professional Agent
Sally Mineer**

The Karen Davis-Parker Outstanding Extension Family and Consumer Sciences Professional Agent award is one that is jointly presented with the Kentucky Extension Association of Family and Consumer Sciences. Recipient of the Excellence in Extension award was presented to Sally Mineer. Sally is currently the Extension FCS agent in Lewis County. She received this award for her involvement and implementation of the LEAP curriculum which stands for Literacy, Eating, and Activity for Preschoolers (and early elementary students). The LEAP program encourages reading books that focus on preparing and eating healthy foods, as well as encourages children to be active.

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www.kafcs.com • www.aafcs.org

Nominate your peers for KAFCS Leadership!

The Kentucky Association of Family and Consumer Sciences will be looking for members to contribute their talents to the work of the association in the following offices starting June 2014:

President-Elect: Works closely with the president, selects date and place for annual meeting, responsible for product sales at AAFCS and attends AAFCS Leadership Conference.

Vice President–Membership: Oversees committees on bylaws, policies, membership, and awards and recognition.

Vice President–Program Planning: Oversees committees on plan of work, resolutions, public relations and marketing, and public policy.

Treasurer: Prepares the annual budget and monitors all fiscal activities of the association.

The President-Elect position entails a three year commitment to service on the executive board, one as president-elect, one as president, and one as past president. The other offices are for a two-year term.

If you are interested or you know someone that you think would be interested in one of these positions, please contact Ginny at ginnye@twc.com.

Service on the KAFCS Executive Board is a great opportunity to get to know professionals across the state.



Academy of Family & Consumer Sciences Concept Paper

June 2013

As we celebrate the 50th anniversary of Dr. Martin Luther King Jr.'s "I Have a Dream" speech this summer, a dream of what's ahead for family and consumer sciences. This DREAM is to create the **Academy of Family & Consumer Sciences** because we BELIEVE . . .

- There is power from family and consumer sciences related organizations working as partners to move the field forward in a positive way.
- Increasing numbers increase our influence.
- Leveraging the niche of each related organization increases our capacity to be effective in advocating for the entire profession.
- Using resources collaboratively reduces redundancy and increases our ability to "do great things" for the whole.

Today there are many opportunities, challenges, and trends in our field and we believe the Academy concept supports:

- The realities of the 21st century market and workplace.
- Advances in technology.
- Contemporary expectations for engagement in and collaboration among organizations.

Our VISION for the Academy dream is like a piece of clay that needs molding, refining, glazing, and firing before it becomes reality. We visualize the Academy as a hybrid model utilizing best practices from membership-based organizations, alliances of groups, and global resource centers. Simply put, we believe that the Academy will be the "source and voice of family & consumer sciences."

In the research-based *Race for Relevance*, radical CHANGES associations must make to be relevant today and into the future include:

1. **Governance:** Streamline the governance model and committee operations.
2. **CEO & Staff:** Maximize the role of CEO and leverage the expertise of staff.
3. **Membership:** Identify core members and the needs of those members.
4. **Programs & Services:** Focus on programs and services that strengthen those involved in the field and support advocacy for the field.
5. **Technology:** Invest in a robust technology framework.

These principles will guide the creation of the Academy going forward.

The American Association of Family & Consumer Sciences Board of Directors wholeheartedly supported exploration of the Academy concept during their 2013 spring meeting. A Family & Consumer Sciences Summit was held in the Washington, DC area in early June for representatives from each organization of the Family & Consumer Sciences Alliance. Representatives unable to participate in the Summit were debriefed afterwards. Alliance representatives shared a common interest and excitement around the Academy concept. These groups share a belief in the power of partnering for the positive future of family & consumer sciences. Legal counsel has been and will continue to be consulted every step of the way as the Academy model evolves. Our intent is to be deliberate in our process while expeditious in our deliberation. Your input and thoughts will be an important contribution to shaping the Academy.

We BELIEVE that our DREAM to create the Academy of Family & Consumer Sciences supports our field's essence, "creating healthy and sustainable families!" Join us in making the Academy dream a reality!

Sue

Sue Buck, CFCS
AAFCS President

Peggy

Peggy Wild, CFCS
AAFCS President Elect

Carolyn

Carolyn Jackson, CFCS
AAFCS Executive Director